In the event of conflict between a Clinical Payment and Coding Policy and any plan document under which a member is entitled to Covered Services, the plan document will govern. Plan documents include, but are not limited to, Certificates of Health Care Benefits, benefit booklets, Summary Plan Descriptions, and other coverage documents.

In the event of conflict between a Clinical Payment and Coding Policy and any provider contract pursuant to which a provider participates in and/or provides services to eligible member(s) and/or plans, the provider contract will govern.

Title: Preventive Services Policy

Policy Number: CPCP006 Version 4.0 Enterprise Clinical Payment and Coding Policy Committee Approval Date: 06/23/17 Effective Date: 07/07/2017 Last Updated: 06/19/2017

Description

Section 2713 of the Affordable Care Act mandates that private health plans provide coverage of preventive services issued by the following agencies: the United States Preventive Services Task Force (USPSTF), the Advisory Committee on Immunization Practices (ACIP) of the Centers for Disease Control and Prevention (CDC), and the Health Resources and Service Administration (HRSA) with respect to women's guidelines and guidelines for infants, children, and adolescents. These services are available at no cost-share when obtained by a member covered under a non-grandfathered plan. This applies to members belonging to individual, small group, large group, and self-insured plans. There is no copay, deductible or coinsurance, even if the individual or family deductible or out-of-pocket maximum has not been met as long as the member utilizes a provider in the plan's network.

The Patient Protection and Affordable Care Act of 2010 does not mandate that preventive services be covered at no member cost-share when obtained out-of-network. Members that obtain preventive services out of their network will be subject to copay, deductible, and coinsurance.

Grandfathered plans are plans that have been in existence prior to March 23, 2010 and are exempt from the requirement of providing preventive services at no member cost share. Grandfathered plans have the opportunity to elect providing coverage of preventive services at no member cost share, but are not required to do so.

The following acronyms have been utilized throughout this reimbursement policy

- ACIP: Advisory Committee on Immunization Practices
- CDC: Centers for Disease Control and Prevention

FDA:	United States Food and Drug Administration
HRSA:	Health Resources and Services Administration
PPACA:	Patient Protection and Affordable Care Act of 2010
USPSTF:	United States Preventive Services Task Force

The United States Preventive Services Task Force (USPSTF) applies a letter grade for each of the recommendations that are released. The grade definitions for USPSTF recommendations released after July 2012 are as follows <u>https://www.uspreventiveservicestaskforce.org/Page/Name/grade-definitions</u>

Following the recommendation of the United States Preventive Services Task Force coverage of Grade "A" and "B" recommendations is provided at no member cost share for members with a nongrandfathered health plan. The United States Preventive Services Task Force published recommendations can be found at <u>https://www.uspreventiveservicestaskforce.org/BrowseRec/Index</u>

Grade	Definition	
Uraue		
Α	The USPSTF recommends the service. There is high	
~	certainty that the net benefit is substantial.	
В	The USPSTF recommends the service. There is high	
	certainty that the net benefit is moderate or there is	
	moderate certainty that the net benefit is moderate to	
	substantial.	
С	The USPSTF recommends selectively offering or providing	
C	this service to individual patients based on professional	
	judgment and patient preferences. There is at least	
	moderate certainty that the net benefit is small.	
П	The USPSTF recommends against the service. There is	
	moderate or high certainty that the service has no net	
	benefit or that the harms outweigh the benefits.	
1	The USPSTF concludes that the current evidence is	
•	insufficient to assess the balance of benefits and harms of	
	the service. Evidence is lacking, of poor quality, or	
	conflicting, and the balance of benefits and harms cannot	
	be determined.	

The Advisory Committee on Immunization Practices (ACIP) publishes recommendations on the safe utilization of vaccines. ACIP's recommendations include immunization schedules for children and adolescents as well as adults which can be found at

<u>https://www.cdc.gov/vaccines/schedules/hcp/index.html</u>. Travel Immunizations such as, but not limited to, Japanese Encephalitis, Typhoid, Yellow Fever, and Small Pox are excluded from Preventive Service coverage. Other excluded vaccinations include Anthrax, Bacille Calmette Guerin for Tuberculosis (BCG), and Rabies which are not required by the Patient Protection and Affordable Care Act of 2010. Immunizations should be administered in accordance with the ACIP Recommended Child and Adult Immunization Schedules or in accordance with state law or regulations. The Health Resources and Services Administration (HRSA) releases Women's Preventive Services guidelines that are aimed improving women's health by recommending certain preventive services that should be obtained in the clinical setting. HRSA's list of recommendations can be obtained at https://www.hrsa.gov/womensguidelines2016/index.html

The Health Resources and Services Administration (HRSA) endorses preventive guidelines established by the American Academy of Pediatrics for the health and well-being of infants, children, and adolescents. These recommendations are referred to as Bright Futures and the comprehensive list of Bright Future's recommendations can be found at

https://www.aap.org/en-us/Documents/practicet_periodicity_AllVisits.pdf

Reimbursement Information:

Preventive care or preventive medicine refers to measures or services taken to promote health and early detection/prevention of disease(s) and injuries rather than treating them and/or curing them. Preventive care may include examinations and screening tests tailored to an individual's age, health, and family history.

Certain preventive care services may be considered eligible for coverage under the member's benefit plan as required by the Affordable Care Act and/or an applicable state mandate. In general, these services include, but are not limited to, screenings, immunizations, and other types of care as recommended by the United States Federal Government.

These services are not subject to application of cost-sharing such as co-payments, co-insurance or deductibles when they are considered eligible for coverage and are provided by a network provider. In order for preventive claims to process at the preventive level with no member cost share, the claim must include a preventive diagnosis code, a preventive procedure code, meet medical policy review criteria, and fall within the guidelines issued by the USPSTF, ACIP, HRSA, or Bright Futures.

Health care providers (facilities, physicians and other health care professionals) are expected to exercise independent medical judgement in providing care to patients. This Preventive Services Reimbursement policy is not intended to impact care decisions or medical practice. Providers are responsible for accurately, completely, and legibly documenting the services performed. The billing office is expected to submit claims for services rendered using valid codes from HIPAA-approved code sets.

The following grid provides a list of the recommendations released by the USPSTF, ACIP, HRSA, or Bright Futures along with the corresponding procedure codes and diagnosis codes deemed to be preventive.

Service:	Procedure Code(s):	Additional Reimbursement Criteria:
Abdominal Aortic Aneurysm Screening	76706	Payable with a diagnosis code in
		Diagnosis List 1

USPSTF Recommendations:

cancer (CRC) in adults aged 50 to 59 years who have a 10% or greater 10-year CVD risk, are not at increased risk for bleeding, have a life expectancy of at least 10 years, and are willing to take low-dose aspirin daily for at least 10 years.	than BCBS. Prescription required Coverage includes 81 mg dosage for both brands and generics
Aspirin Use to Prevent Cardiovascular Disease and Colorectal Cancer Preventive Medication USPSTF "B" Recommendation April 2016 The USPSTF recommends initiating low-dose aspirin use for the primary prevention of cardiovascular disease (CVD) and colorectal	For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other
Alcohol Misuse Screening and Behavioral Counseling Interventions in Primary Care99385, 99386 99395, 99396 99408, 99409USPSTF "B" Recommendation May 2013 The USPSTF recommends that clinicians screen adults aged 18 years or older for alcohol misuse and provide persons engaged in risky or hazardous drinking with brief behavioral counseling interventions to reduce alcohol misuse90385, 99386 99395, 99396 99408, 99409 G0396, G0397 G0442, G0443	, 99397, , 7, 3
USPSTF "B" Recommendation June 2014The USPSTF recommends one-time screeningfor abdominal aortic aneurysm (AAA) withultrasonography in men ages 65 to 75 yearswho have ever smoked.Abnormal Blood Glucose and Type 2Diabetes Mellitus ScreeningUSPSTF "B" Recommendation October 2015The USPSTF recommends screening forabnormal blood glucose as part ofcardiovascular risk assessment in adults aged40 to 70 years who are overweight or obese.Clinicians should offer or refer patients withabnormal blood glucose to intensivebehavioral counseling interventions topromote a healthful diet and physical activity.	· · · · · ·

USPSTF "A" Recommendation July 2008 The USPSTF recommends screening for asymptomatic bacteriuria with urine culture for pregnant women at 12 to 16 weeks' gestation or at their first prenatal visit, if later.		
BRCA-Related Cancer Risk Assessment,	81211, 81212, 81213,	These services are subject to
Genetic Testing <u>USPSTF "B" Recommendation December</u> <u>2013</u> The USPSTF recommends that primary care providers screen women who have family members with breast, ovarian, tubal, or peritoneal cancer with 1 of several screening tools designed to identify a family history that may be associated with an increased risk for potentially harmful mutations in breast cancer susceptibility genes (<i>BRCA1</i> or <i>BRCA2</i>). Women with positive screening results should receive genetic counseling and, if indicated after counseling, BRCA testing.	81211, 81212, 81213, 81214, 81215, 81216, 81217, 81162, 96040, 99385, 99386, 99387, 99395, 99396, 99397, 99401, 99402, 99403, 99404, G0463, S0265	Medical Policy and prior authorization may be required Procedure codes 81211-81217 reimbursable as preventive when submitted with one of the following primary diagnosis codes: Z80.3 Family history of malignant neoplasm of breast Z80.41 Family history of malignant neoplasm of ovary Z85.3 Personal history of malignant neoplasm of breast Z85.43 Personal history of malignant neoplasm of ovary
Breast Cancer Medications for Risk Reduction		For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS. Prescription required. Generic drugs Tamoxifen and Raloxifene are reimbursable at the preventive level for ages 35 and over Brand name medications EVISTA and SOLTAMOX eligible for preventive level reimbursement only when approved through physician request for medical appropriateness considerations

Breast Cancer Screening	77061, 77062, 77063,	Payable with a diagnosis code in
breast cancer screening	77061, 77062, 77063, 77067, G0202,	Diagnosis List 1
<u>USPSTF "B" Recommendation January 2016</u> The USPSTF recommends biennial screening mammography for women aged 50 to 74 years. <i>Refer also to HRSA's 'Breast Cancer Screening</i> <i>for Women at Average Risk' recommendation</i>	77007, 00202,	
Breastfeeding Primary Care Interventions	99401, 99402, 99403, 99404, 99411, 99412	Electric breast pumps limited to two per benefit period. Hospital
USPSTF "B" Recommendation October 2016		Grade breast pumps are limited to
The USPSTF recommends providing	A4281, A4282,	rental only.
interventions during pregnancy and after birth to support breastfeeding.	A4283, A4284, A4285, A4286,	Additional reimbursement
	E0602, E0603, E0604,	information available within the
Refer also to HRSA's 'Breastfeeding Services	S9443	"Breastfeeding Equipment and
and Supplies' recommendation		Supplies"
Cervical Cancer Screening	99385, 99386, 99387, 99395, 99396,99397	Payable with a diagnosis code in Diagnosis List 1
USPSTF "A" Recommendation March 2012		J. J
The USPSTF recommends screening for	G0101, 88141,	
cervical cancer in women age 21 to 65 years	88142, 88143, 88147,	
with cytology (Pap smear) every 3 years or,	88148, 88150, 88152,	
for women age 30 to 65 years who want to	88153, 88154, 88155,	
lengthen the screening interval, screening with a combination of cytology and human	88164, 88165, 88166, 88167, 88174, 88175,	
papillomavirus (HPV) testing every 5 years.	G0123, G0124,	
	G0141, G0143,	
Refer also to HRSA's 'Cervical Cancer	G0144, G0145,	
Screening' recommendation	G0147, G0148,	
	P3000, P3001,	
	Q0091, 87623,	
	87624, 87625, S0610, S0612	
Chlamydia Screening	86631, 86632, 87110,	Payable with a diagnosis code in
	87270, 87320, 87490,	Diagnosis List 1
USPSTF "B" Recommendations September	87491, 87492, 87801,	U
2014	87810	
The USPSTF recommends screening for		
chlamydia in sexually active women age 24		
years and younger and in older women who are at increased risk for infection.		
Colorectal Cancer Screening	81528, 82270, 82274,	Certain colorectal cancer
	G0328, 44388,	screening services may be subject

	44000 44000	
USPSTF "A" Recommendation June 2016	44389, 44390, 44391,	to medical policy criteria and may
The USPSTF recommends screening for	44392, 44394, 44401,	require prior authorization
colorectal cancer starting at age 50 years and	44402, 44403, 44404,	
continuing until age 75 years.	44405, 44406, 44407,	Modifier 33 may be applied
	44408, 45378, 45379,	
The risks and benefits of different screening	45380, 45381, 45382,	In the instance that a polyp is
methods vary.	45384, 45385, 45386,	removed during a preventive
	45388, 45389, 45390,	colonoscopy, the colonoscopy as
	45391, 45392, 45393,	well as the removal of the polyp
	45398, G0105,	and the labs and services related
	G0106, G0120,	to the colonoscopy are
	G0121, G0122, ,	reimbursable at the preventive
	45330, 45331, 45332,	level.
		level.
	45333, 45334, 45335,	
	45337, 45338, 45340,	
	45341, 45342, 45346,	
	45347, 45349, 45350,	
	74263, 88304,	
	G0104, 99201,	
	99202, 99203, 99204,	
	99205, 99211, 99212,	
	99213, 99214, 99215,	
	S0285	
Congenital Hypothyroidism Screening	84436, 84437, 84443,	
	99381, S3620	
USPSTF "A" Recommendation March 2008		
The USPSTF recommends screening for		
congenital hypothyroidism in newborns.		
Dental Caries in Children from Birth Through	99188	Prescription required for both
Age 5 Years Screening		over-the-counter (OTC) and
		prescription medications
USPSTF "B" Recommendation May 2014		
The USPSTF recommends that primary care		
clinicians prescribe oral fluoride		
supplementation starting at age 6 months for		
children whose water supply is deficient in		
fluoride.		
USPSTF "B" Recommendation May 2014		
The USPSTF recommends that primary care		
clinicians apply fluoride varnish to the		
primary teeth of all infants and children		
starting at the age of primary tooth eruption.		

Depression Screening Adults <u>USPSTF "B" Recommendation January 2016</u> The USPSTF recommends screening for depression in the general adult population, including pregnant and postpartum women. Screening should be implemented with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate follow-up.	99385, 99386, 99387, 99395, 99396, 99397, 96127, 96160, 96161 G0444	Procedure Code 96127 reimbursable at the preventive level when billed with a diagnosis of Z13.89 Encounter for screening for other disorder.
Depression in Children and Adolescents Screening USPSTF "B" Recommendation February 2016 The USPSTF recommends screening for major depressive disorder (MDD) in adolescents aged 12 to 18 years. Screening should be implemented with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate follow-up. Refer also to Bright Futures 'Depression Screening' recommendation	99384, 99385, 99394, 99395, 96127, G0444	Procedure Code 96127 reimbursable at the preventive level when billed with a diagnosis of Z13.89 Encounter for screening for other disorder.
Falls Prevention In Older Adults: Counseling and Preventive MedicationUSPSTF "B" Recommendation May 2012The USPSTF recommends exercise or physical therapy and vitamin D supplementation to prevent falls in community-dwelling adults aged 65 years or older who are at increased risk for falls.No single recommended tool or brief approach can reliably identify older adults at increased risk for falls, but several reasonable and feasible approaches are available for primary care clinicians.	97110, 97112, 97116, 97150, 97161, 97162, 97163, 97164, 97165, 97166, 97167, 97168, 97530	Prescription required Over-the-counter (OTC) Vitamin D (400-1000 I.U.) only.
Folic Acid for the Prevention of Neural TubeDefects: Preventive MedicationUSPSTF "A" Recommendation January 2017The USPSTF recommends that all women who		Prescription required Over-the-counter (OTC) only

are planning or capable of pregnancy take a daily supplement containing 0.4 to 0.8 mg (400 to 800 μg) of folic acid. Gestational Diabetes Mellitus Screening <u>USPSTF "B" Recommendation January 2014</u> The USPSTF recommends screening for gestational diabetes mellitus (GDM) in asymptomatic pregnant women after 24 weeks of gestation.	36415, 82947, 82948, 82950, 82951, 82952, 83036	Payable with a pregnancy diagnosis
Refer also to HRSA's 'Gestational Diabetes' recommendation		
Gonorrhea Screening <u>USPSTF "B" Recommendation September</u> <u>2014</u> The USPSTF recommends screening for gonorrhea in sexually active women age 24 years and younger and in older women who are at increased risk for infection.	87801, 87590, 87591, 87592, 87850	Payable with a diagnosis code in Diagnosis List 1
Healthful Diet and Physical Activity forCardiovascular Disease Prevention in Adultswith Cardiovascular Risk Factors: BehavioralCounselingUSPSTF "B" Recommendation August 2014The USPSTF recommends offering or referringadults who are overweight or obese and haveadditional cardiovascular disease (CVD) riskfactors to intensive behavioral counselinginterventions to promote a healthful diet andphysical activity for CVD prevention.	99385, 99386, 99387, 99395, 99396, 99397, G0438, G0439, G0446, S9451, S9452, S9470, 97802, 97803, 97804, G0270, G0271, 99078, 99401, 99402, 99403, 99404, 99411, 99412, G0473	
Hepatitis B in Pregnant Women Screening <u>USPSTF "A" Recommendation June 2009</u> The USPSTF recommends screening for hepatitis B virus (HBV) infection in pregnant women at their first prenatal visit.	80055, 87340, 87341, 80074, 80076, G0499, 36415	Payable with a diagnosis code in Diagnosis List 1
Hepatitis B Virus Infection Screening USPSTF "B" Recommendation May 2014	80055, 87340, 87341, 80074, 80076	Payable with a diagnosis code in Diagnosis List 1

	I	Г
The USPSTF recommends screening for hepatitis B virus (HBV) infection in persons at high risk for infection.		
Hepatitis C Screening	86803, 86804, G0472	
USPSTF "B" Recommendation June 2013 The USPSTF recommends screening for hepatitis C virus (HCV) infection in persons at high risk for infection. The USPSTF also recommends offering 1-time screening for HCV infection to adults born between 1945 and 1965.		
High Blood Pressure in Adults Screening <u>USPSTF "A" Recommendation October 2015</u> The USPSTF recommends screening for high blood pressure in adults aged 18 years or older. The USPSTF recommends obtaining measurements outside of the clinical setting for diagnostic confirmation before starting treatment	93784, 93786, 93788, 93790, 99385, 99386, 99387, 99395, 99396, 99397	Procedure codes 93784, 93786, 93788, and 93790 are reimbursable at the preventive level when billed with one of the following diagnosis codes: R03.0 Elevated blood-pressure reading, without diagnosis of hypertension R03.1 Nonspecific low blood- pressure reading Z01.30 Encounter for examination of blood pressure without abnormal findings Z01.31 Encounter for examination of blood pressure with abnormal findings
Human Immunodeficiency Virus (HIV) Infection Screening for Non-Pregnant Adolescents and Adults	87389, 87390, 87391, G0432, G0433, G0435	
<u>USPSTF "A" Recommendation April 2013</u> The USPSTF recommends that clinicians screen for HIV infection in adolescents and adults aged 15 to 65 years. Younger adolescents and older adults who are at increased risk should also be screened. <i>Refer also to HRSA's 'HIV Screening and Counseling' recommendation</i>		

Defended to Dright Full and (CTUUM)		
Refer also to Bright Future's 'STI/HIV		
Screening' recommendation		
	20445 00000 00501	
Human Immunodeficiency Virus (HIV)	36415, 86689, 86701,	
Infection Screening for Pregnant Women	86702, 86703, 87389,	
	87390, 87391,	
USPSTF "A" Recommendation April 2013	G0432, G0433,	
The USPSTF recommends that clinicians	G0435, G0475	
screen all pregnant women for HIV, including		
those who present in labor who are untested		
and whose HIV status is unknown.		
Refer also to HRSA's 'HIV Screening and		
Counseling' recommendation		
Refer also to Bright Future's 'STI/HIV		
Screening' recommendation		
Intimate Partner Violence and Abuse of	99201, 99202, 99203,	
Elderly and Vulnerable Adults Screening	99204, 99205, 99211,	
~	99212, 99213, 99214,	
USPSTF "B" Recommendation January 2013	99215, 99384, 99385,	
The U.S. Preventive Services Task Force	99386,99387, 99394,	
(USPSTF) recommends that clinicians screen	99395, 99396, 99397,	
women of childbearing age for intimate	99401, 99402, 99403,	
partner violence (IPV), such as domestic	99404, 99411, 99412,	
violence, and provide or refer women who	S0610, S0612, S0613	
screen positive to intervention services.		
Latent Tuberculosis Infection Screening	96490 96491 96E90	Payable with a diagnosis sode in
Latent Tuberculosis Infection Screening	86480, 86481, 86580	Payable with a diagnosis code in Diagnosis List 1
USPSTF "B" Recommendation September		Diagnosis List 1
2016		
The USPSTF recommends screening for latent		
tuberculosis infection (LTBI) in populations at		
increased risk.		
Low-Dose Aspirin Use for the Prevention of		Prescription required
Morbidity and Mortality From Preeclampsia:		
Preventive Medication		Coverage includes 81 mg dosage
		for both brands and generics
USPSTF "B" Recommendation September		
<u>2014</u>		For details about pharmacy
The USPSTF recommends the use of low-dose		benefit coverage, contact the
aspirin (81 mg/d) as preventive medication		number on the patient's BCBS
after 12 weeks of gestation in women who		member card. A patient's

are at high risk for preeclampsia.		pharmacy benefit may be managed by a company other than BCBS.
Lung Cancer Screening <u>USPSTF "B" Recommendation December</u> <u>2013</u> The USPSTF recommends annual screening for lung cancer with low-dose computed tomography (LDCT) in adults aged 55 to 80 years who have a 30 pack-year smoking history and currently smoke or have quit within the past 15 years. Screening should be discontinued once a person has not smoked for 15 years or develops a health problem that substantially limits life expectancy or the ability or willingness to have curative lung surgery.	G0296, G0297	Subject to medical policy criteria and may require preauthorization
Obesity in Adults Screening and Counseling <u>USPSTF "B" Recommendation June 2012</u> The USPSTF recommends screening all adults for obesity. Clinicians should offer or refer patients with a body mass index (BMI) of 30 kg/m2 or higher to intensive, multicomponent behavioral interventions.	97802, 97803, 97804, 99385, 99386, 99387, 99395, 99396, 99397, 99401, 99402, 99403, 99404, 99411, 99412, 99078, G0447, G0473	
Obesity in Children and Adolescents Screening <u>USPSTF "B" Recommendation January 2010</u> The USPSTF recommends that clinicians screen children aged 6 years and older for obesity and offer them or refer them to comprehensive, intensive behavioral intervention to promote improvement in weight status.	97802, 97803, 99383, 99384, 99385, 99393, 99401, 99402, 99403, 99404, 99411, 99412, G0446, G0447, G0473	
Ocular Prophylaxis for Gonococcal Ophthalmia Neonatorum Preventive Medication <u>USPSTF "A" Recommendation July 2011</u> The USPSTF recommends prophylactic ocular topical medication for all newborns for the		When billed under inpatient medical

prevention of gonococcal ophthalmia		
neonatorum.		
Osteoporosis Screening	76977, 77078, 77080, 77081, 78350, 78351,	Payable with a diagnosis code in Diagnosis List 1
USPSTF "B" Recommendation January 2011	G0130	, C
The USPSTF recommends screening for		
osteoporosis in women aged 65 years and		
older and in younger women whose fracture		
risk is equal to or greater than that of a 65-		
year-old white woman who has no additional		
risk factors.		
Phenylketonuria in Newborns Screening	84030, 99381, S3620	Procedure codes 84030 and S3620
LICDETE (A) December detien Manch 2000		reimbursable at the preventive
USPSTF "A" Recommendation March 2008 The USPSTF recommends screening for		level for children 0-90 days old
phenylketonuria in newborns.		
Rh(D) Incompatibility Screening	80055, 86850, 86870,	
	86900, 86901, 36415	
USPSTF "A" Recommendation February 2004		
The USPSTF strongly recommends Rh(D)		
blood typing and antibody testing for all		
pregnant women during their first visit for		
pregnancy-related care.		
USPSTF "B" Recommendation February 2004		
The USPSTF recommends repeated Rh(D)		
antibody testing for all unsensitized Rh(D)-		
negative women at 24 to 28 weeks' gestation,		
unless the biological father is known to be		
Rh(D)-negative.		
Sexually Transmitted Infections Behavioral	99384, 99385, 99386,	
Counseling	99387, 99394, 99395,	
USPSTF "B" Recommendation September	99396, 99397, 99401, 99402, 99403, 99404,	
2014	99402, 99403, 99404, 99411, 99412, G0445	
The USPSTF recommends intensive	55411, 55412, 00445	
behavioral counseling for all sexually active		
adolescents and for adults who are at		
increased risk for sexually transmitted		
infections (STIs).		
Poter also to HDSA's (Sourcelly Transmitted		
Refer also to HRSA's 'Sexually Transmitted Infections Counseling' recommendation		

Sickle Cell Disease (Hemoglobinpathies) in Newborns Screening USPSTF "A" Recommendation September 2007 The USPSTF recommends screening for sickle cell disease in newborns.	83020, 83021, 83030, 83033, 83051, 85004, 85013, 85014, 85018, 85025, 85027, 99381, G0306, G0307, S3620, S3850	
Skin Cancer Counseling		
<u>USPSTF "B" Recommendation May 2012</u> The U.S. Preventive Services Task Force (USPSTF) recommends counseling children, adolescents, and young adults aged 10 to 24 years who have fair skin about minimizing their exposure to ultraviolet radiation to reduce risk for skin cancer.		
Statin Use for the Primary Prevention of Cardiovascular Disease in Adults Preventive Medication		Prescription required Ages 40-75 only
<u>USPSTF "B" Recommendation November</u> <u>2016</u> The USPSTF recommends that adults without a history of cardiovascular disease (CVD) (ie, symptomatic coronary artery disease or ischemic stroke) use a low- to moderate-dose statin for the prevention of CVD events and mortality when all of the following criteria are met: 1) they are aged 40 to 75 years; 2) they have 1 or more CVD risk factors (ie, dyslipidemia, diabetes, hypertension, or smoking); and 3) they have a calculated 10- year risk of a cardiovascular event of 10% or greater.		Lovastatin 20mg, 40mg Pravastatin 20mg, 40mg, 80mg Quantity limit one per day For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS.
Identification of dyslipidemia and calculation of 10-year CVD event risk requires universal lipids screening in adults aged 40 to 75 years.		
Syphilis Infection in Nonpregnant Adults and Adolescents Screening	86592, 86780	
USPSTF "A" Recommendation June 2016		

		l
The USPSTF recommends screening for		
syphilis infection in persons who are at		
increased risk for infection.		
Syphilis Infection in Pregnancy Screening	80055, 86592, 86593,	
	36415	
USPSTF "A" Recommendation May 2009		
The USPSTF recommends that clinicians		
screen all pregnant women for syphilis		
infection.		
Tobacco Smoking Cessation in Adults,	99401, 99402, 99403,	Two 90-day treatment regimens
Including Pregnant Women: Behavioral and	99404, 99406, 99407,	per benefit period. The 90-day
Pharmacotherapy Interventions	G9016, S9453	treatments are at the discretion of
		the provider working with the
USPSTF "A" Recommendation September		member
2015		
The USPSTF recommends that clinicians ask		Prescription required for all
all adults about tobacco use, advise them to		pharmacotherapy interventions
stop using tobacco, and provide behavioral		
interventions and U.S. Food and Drug		Buproban (bupropion SR 150 mg
Administration (FDA)-approved		tablets)
pharmacotherapy for cessation to adults who		Chantix
use tobacco.		Nicrotrol Inhaler
		Nicotrol NS
USPSTF "A" Recommendation September		Zyban (bupropion SR 150 mg
2015		tablets)
The USPSTF recommends that clinicians ask		Nicotine Transdermal Kits
all pregnant women about tobacco use,		Nicoderm CQ and generics
advise them to stop using tobacco, and		Nicorette gum and generics
provide behavioral interventions for cessation		Nicorette lozenges and generics
to pregnant women who use tobacco.		0 0
		For details about pharmacy
		benefit coverage, contact the
		number on the patient's BCBS
		member card. A patient's
		pharmacy benefit may be
		managed by a company other
		than BCBS.
Tobacco Use in Children and Adolescents	99401, 99402, 99403,	Refer to Preventive Services
Primary Care Interventions	99404, 99406, 99407,	Recommendation for Tobacco
•	G0436, G0437,	Smoking Cessation in Adults,
USPSTF "B" Recommendation August 2013	G9016, S9453	Including Pregnant Women:

The USPSTF recommends that primary care clinicians provide interventions, including education or brief counseling, to prevent initiation of tobacco use among school-aged children and adolescents.		Behavioral and Pharmacotherapy Interventions
Visual Impairment in Children Screening	99172, 99173, 99174,	
	99177, 0333T	
USPSTF "B" Recommendation January 2011		
The USPSTF recommends vision screening for		
all children at least once between the ages of		
3 and 5 years, to detect the presence of		
amblyopia or its risk factors.		

HRSA Recommendations:

Service:	Procedure	Additional Reimbursement Criteria:
	Code(s):	
Breast Cancer Screening for	77061, 77062, 77063,	Payable with a diagnosis code in Diagnosis List 1
Women at Average Risk	77065, 77066, 77067,	
	G0202, G0204,	
HRSA Recommendation	G0206, G0279	
December 2016		
The Women's Preventive		
Services Initiative		
recommends that average-		
risk women initiate		
mammography screening no		
earlier than age 40 and no		
later than age 50. Screening		
mammography should occur		
at least biennially and as		
frequently as annually.		
Screening should continue		
through at least age 74 and		
age alone should not be the		
basis to discontinue		
screening. These screening		
recommendations are for		
women at average risk of		
breast cancer. Women at		
increased risk should also		
undergo periodic		
mammography screening,		
however, recommendations		

	1	
for additional services are		
beyond the scope of this		
recommendation		
Refer also to USPSTF's		
'Breast Cancer Screening'		
recommendation		
recommendation		
Breastfeeding Services and		Electric breast pumps limited to two per benefit
•	E0602, E0603, E0604,	
Supplies	A4281, A4282,	period. Hospital Grade breast pumps are limited to
	A4283, A4284,	rental only.
HRSA Recommendation	A4285, A4286, S9443,	
December 2016	99401, 99402, 99403,	Additional reimbursement information available
The Women's Preventive	99404, 99411, 99412,	within the "Breastfeeding Equipment and
Services Initiative	99347, 99348, 99349,	Supplies" Coverage
recommends comprehensive	99350	
lactation support services		
(including counseling,		
education, and breastfeeding		
equipment and supplies)		
during the antenatal,		
perinatal, and the		
-		
postpartum period to ensure		
the successful initiation and		
maintenance of		
breastfeeding.		
Refer also to USPSTF's		
'Breastfeeding Primary Care		
Interventions'		
recommendation		
Cervical Cancer Screening	99385, 99386, 99387,	Payable with a diagnosis code in Diagnosis List 1
	99395, 99396, 99397,	
HRSA Recommendation	G0101, 88141, 88142,	
December 2016	88143, 88147, 88148,	
The Women's Preventive	88150, 88152, 88153,	
Services Initiative	88154, 88155, 88164,	
recommends cervical cancer	88165, 88166, 88167,	
screening for average-risk	88174, 88175, G0123,	
women aged 21 to 65 years.	G0124, G0141,	
For women aged 21 to 29	G0143, G0144,	
years, the Women's	G0145, G0147,	
Preventive Services Initiative	G0143, G0147, G0148, P3000, P3001,	
recommends cervical cancer	Q0091, 87623, 87624,	
screening using cervical	S0610, S0612	
cytology (Pap test) every 3		
years. Cotesting with		
cytology and human		

papillomavirus testing is not		
recommended for women		
younger than 30 years. Women aged 30 to 65 years		
should be screened with		
cytology and human		
papillomavirus testing every 5 years or cytology alone		
every 3 years. Women who		
are at average risk should		
not be screened more than		
once every 3 years.		
Refer also to USPSTF		
'Cervical Cancer Screening'		
recommendation		
Contraceptive Methods and	A4268, A4269, 57170,	Contraception methods that require a prescription
Counseling	74740, 96372, 11976,	may be covered under the patient's medical or
	11981, 11982, 11983,	pharmacy benefit. For details about pharmacy
HRSA Recommendation	58300, 58301, A4261,	benefit coverage for contraception, contact the
December 2016	A4264, A4266, S4981,	number on the patient's BCBS member card. A
The Women's Preventive	S4989, J1050, J7297,	patient's pharmacy benefit may be managed by a
Services Initiative	J7298, J7300, J7301,	company other than BCBS.
recommends that adolescent	J7303, J7304, J7306,	
and adult women have	J7307, 58600, 58605,	Visits pertaining to contraceptive counseling,
access to the full range of	58611, 58615, 58565,	initiation of contraceptive use, and follow-up care
female-controlled	58670, 58671, 58340	may also apply to procedure codes under HRSA's
contraceptives to prevent		'Well-Woman' recommendation
unintended pregnancy and		
improve birth outcomes.		Procedure code 58340 reimbursable at the
Contraceptive care should		preventive level only when accompanied with
include contraceptive		modifier 33 or one of the following diagnosis
counseling, initiation of		codes:
contraceptive use, and		Z30.2 Encounter for Sterilization
follow-up care (e.g.,		Z30.40 Encounter for surveillance of
management, and evaluation		contraceptives, unspecified
as well as changes to and		Z30.42 Encounter for surveillance of injectable
removal or discontinuation		contraceptive
of the contraceptive		Z30.49 Encounter for surveillance of other
method). The Women's		contraceptives
Preventive Services Initiative		Z98.51 Tubal Ligation status
recommends that the full		
range of female-controlled		For the list of contraceptive methods that may be
U.S. Food and Drug		covered, visit your health plan website.
Administration-approved		
contraceptive methods,		
effective family planning		

I		ر ۱
practices, and sterilization		
procedures be available as		
part of contraceptive care.		
The full range of		
contraceptive methods for		
women currently identified		
by the U.S. Food and Drug		
Administration include: (1)		
sterilization surgery for		
women, (2) surgical		
sterilization via implant for		
women, (3) implantable		
rods, (4) copper intrauterine		
devices, (5) intrauterine		
devices with progestin (all		
durations and doses), (6) the		
shot or injection, (7) oral		
contraceptives (combined		
pill), 8) oral contraceptives		
(progestin only, and), (9) oral		
contraceptives (extended or		
continuous use), (10) the		
contraceptive patch, (11)		
vaginal contraceptive rings,		
(12) diaphragms, (13)		
contraceptive sponges, (14)		
cervical caps, (15) female		
condoms, (16) spermicides,		
and (17) emergency		
contraception		
(levonorgestrel), and (18)		
emergency contraception		
(ulipristal acetate), and		
additional methods as		
identified by the FDA.		
Additionally, instruction in		
fertility awareness-based		
methods, including the		
lactation amenorrhea		
method, although less		
effective, should be provided		
for women desiring an		
alternative method.		
Gestational Diabetes	82947, 82948, 82950,	Payable with a pregnancy diagnosis
	82951, 83036	
HRSA Recommendation		
December 2016		
	1	1

The Women's Preventive		
Services Initiative		
recommends screening		
pregnant women for		
gestational diabetes mellitus		
after 24 weeks of gestation		
(preferably between 24 and		
28 weeks of gestation) in		
order to prevent adverse		
birth outcomes. Screening		
with a 50-g oral glucose		
challenge test (followed by a		
3-hour 100- g oral glucose		
tolerance test if results on		
the initial oral glucose		
challenge test are abnormal)		
is preferred because of its		
high sensitivity and		
specificity. The Women's		
Preventive Services Initiative		
suggests that women with		
risk factors for diabetes		
mellitus be screened for		
preexisting diabetes before		
24 weeks of gestation—		
ideally at the first prenatal		
visit, based on current		
clinical best practices		
Refer also to USPSTF's		
'Gestational Diabetes		
Mellitus Screening'		
recommendation		
Human Immune-Deficiency	36415, 86689, 86701,	Payable when billed with a diagnosis in Diagnosis
Virus Counseling &	86702, 86703, 87389,	List 1
Screening	87390, 87391, G0432,	
	G0433, G0435, G0475	
HRSA Recommendation		
December 2016		
The Women's Preventive		
Services Initiative		
recommends prevention		
education and risk		
assessment for human		
immunodeficiency virus (HIV)		
infection in adolescents and		
women at least annually		

throughout the lifespan. All		
women should be tested for		
HIV at least once during their		
lifetime. Additional screening		
should be based on risk, and		
screening annually or more		
often may be appropriate for		
adolescents and women with		
an increased risk of HIV		
infection. Screening for HIV is		
recommended for all		
pregnant women upon		
initiation of prenatal care		
with retesting during		
pregnancy based on risk		
factors. Rapid HIV testing is		
recommended for pregnant		
women who present in		
active labor with an		
undocumented HIV status.		
Screening during pregnancy		
enables prevention of		
vertical transmission.		
Refer also to USPSTF's		
'Human Immunodeficiency		
Virus (HIV) Infection		
Screening for Pregnant and		
Non-Pregnant Adolescents		
and Adults' recommendation		
Refer also to Bright Future's		
'STI/HIV' Screening'		
recommendations		
Human Papillomavirus	87623, 87624, 87625,	Payable with a diagnosis in Diagnosis List 1
Testing (HPV)	G0476	
HRSA Recommendation		
August 2012		
HRSA recommends high-risk		
human papillomavirus DNA		
testing in women with		
normal cytology results.		
Screening should begin at 30		
years of age and should		
occur no more frequently		
	1	1

than every 3 years		
Interpersonal and Domestic Violence Screening	99401, 99402, 99403, 99404, 99411, 99412,	
violence of cering	99384, 99385, 99386,	
HRSA Recommendation	99387, 99394, 99395,	
December 2016	99396, 99397, 99201,	
The Women's Preventive	99202, 99203, 99204,	
Services Initiative	99205, 99211, 99212,	
recommends screening	99213, 99214, 99215	
adolescents and women for		
interpersonal and domestic		
violence at least annually,		
and, when needed, providing		
or referring for initial		
intervention services.		
Interpersonal and domestic		
violence includes physical		
violence, sexual violence,		
stalking and psychological		
aggression (including		
coercion), reproductive		
coercion, neglect, and the		
threat of violence, abuse, or		
both. Intervention services		
include, but are not limited		
to, counseling, education,		
harm reduction strategies,		
and referral to appropriate		
supportive services.		
Sexually Transmitted	99401, 99402, 99403,	
Infections Counseling	99404, 99411, 99412,	
	99384, 99385, 99386,	
HRSA Recommendation	99387, 99394, 99395,	
December 2016	99396, 99397, G0445	
The Women's Preventive		
- ,		
-		
-		
Services Initiative recommends directed behavioral counseling by a health care provider or other appropriately trained individual for sexually active adolescent and adult women at an increased risk for sexually transmitted infections (STIs). The Women's Preventive		

y
ł

recommended preventive services as determined by age and risk factors.	

ACIP Recommendations:

Procedure	Additional		
Code(s):	Reimbursement Criteria:		
90696, 90698, 90700, 90702, 90723			
90632, 90633, 90634, 90636			
90739, 90740, 90743, 90744, 90746, 90747, 90748			
90645, 90646, 90647, 90648			
90649, 90650, 90651	Payable with a diagnosis code in Diagnosis List 1		
90630, 90653, 90654, 90655, 90656, 90657, 90658, 90660, 90661,90662, 90664, 90666, 90667, 90668, 90672, 90673, 90685, 90686, 90687, 90688, Q2034, Q2035, Q2036, Q2037, Q2038, Q2039			
90707, 90708			
90710			
	Code(s): 90696, 90698, 90700, 90702, 90723 90632, 90633, 90634, 90636 90739, 90740, 90743, 90744, 90746, 90747, 90748 90645, 90646, 90647, 90648 90649, 90650, 90651 90630, 90653, 90654, 90655, 90656, 90657, 90658, 90660, 90661,90662, 90664, 90666, 90667, 90668, 90672, 90673, 90688, Q2034, Q2035, Q2036, Q2037, Q2036, Q2037, Q2038, Q2039 90707, 90708		

Meningococcal Vaccine	90644, 90733, 90734,	
	90620, 90621	
Pneumococcal Vaccine	90670, 90732	
Polio Vaccine	90713	
Rotavirus Vaccine	90680, 90681	
	,	
Tetanus Toxoid, Reduced Diphtheria Toxoid	90714, 90715	
and Acellular Pertussis Vaccine (Tdap/Td)	,	
Varicella Vaccine	90716	
	90710	
Zoster (Shingles) Vaccine	90736	

Bright Futures Recommendations:

Service:	Procedure Code(s):	Additional Reimbursement Criteria:
Alcohol Use and Drug Use Assessment	99408, 99409	Payable with a diagnosis code in Diagnosis List 1
Bright Futures		
Recommends alcohol and drug use		
assessments for adolescents between the		
ages of 11 to 21 years		
Cervical Dysplasia Screening	Q0091	Payable with a diagnosis code in Diagnosis List 1
Bright Futures		
Recommends cervical dysplasia screening for		
adolescents age 21 years of age		
Critical Congenital Heart Defect Screening	94760	
Bright Futures		
Recommends screening for critical congenital		
heart disease using pulse oximetry for		
newborns after 24 hours of age, before		
discharge from the hospital		
Depression Screening	96110	Payable with a diagnosis code in
		Diagnosis List 1
Bright Futures		

	1	
Recommends depression screening for adolescents between the ages of 11 to 21 years		
Refer also to USPSTF's 'Depression in Children and Adolescents Screening' recommendation		
Developmental Screening / Autism Screening	96110	Payable with a diagnosis code in Diagnosis List 1
Bright Futures Recommends developmental/autism screening for infants and young children between the ages of 9 months and 30 months		
Dyslipidemia Screening <u>Bright Futures</u> Recommends dyslipidemia screening for children and adolescents between the ages of 24 months and 21 years of age	80061, 82465, 83718, 84478	Payable with a diagnosis code in Diagnosis List 1
Hearing Screening Bright Futures Recommends hearing screenings for children and adolescents from birth through 21 years of age	92558, 92586, 92567, 92551	Procedure Codes 92586, 92567, and 92551 are reimbursable at the preventive level when billed for a member 0-21 years of age and with one of the three following diagnosis codes: o Z0110-Encounter for examination of ears and hearing without abnormal findings o Z01110- Encounter for hearing examinations following failed hearing screening o Z01118-Encounter for examination of ears and hearing with other abnormal findings
Hematocrit or Hemoglobin <u>Bright Futures</u> Recommends hematocrit or hemoglobin screening for children and adolescents between the ages of four months and 21 years of age	36415, 36416, 85014, 85018	Payable with a diagnosis code in Diagnosis List 1

HIV Screening	87389, 87390, 87391,	
	G0432, G0433,	
	G0435	
Lead Screening	36415, 36416, 83655	Payable with a diagnosis code in
		Diagnosis List 1
Bright Futures		
Recommends screening children between the		
ages of six months and six years for lead		
Maternal Depression Screening	99384, 99385, 99386,	
-	99387, 99394, 99395,	
	99396, 99397, 99420,	
	96127, G0444	
Newborn Bilirubin		
Newborn Blood Screening	S3620	Payable with a diagnosis code in
		Diagnosis List 1
Oral Health	99211, 99212, 99188,	Payable with a diagnosis code in
	99381, 99382, 99383,	Diagnosis List 1
Bright Futures	99384	0
Recommends oral health risk assessments		
beginning at six months of age		
Prenatal Visit	99401, 99402, 99403,	Payable with a diagnosis code in
	99404	Diagnosis List 1
Preventive Medicine Services: New Patients	99381, 99382, 99383,	Payable with a diagnosis code in
Preventive Medicine Services: New Patients	99381, 99382, 99383, 99384, 99385	Payable with a diagnosis code in Diagnosis List 1
Preventive Medicine Services: Established Patients	99384, 99385 99391, 99392, 99393, 99394, 99395	Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1
Preventive Medicine Services: Established Patients	99384, 99385 99391, 99392, 99393, 99394, 99395 86631, 86632, 86701,	Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in
Preventive Medicine Services: Established Patients STI/HIV Screening	99384, 99385 99391, 99392, 99393, 99394, 99395 86631, 86632, 86701, 86703, 87081, 87110,	Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1
Preventive Medicine Services: Established Patients STI/HIV Screening Bright Futures	99384, 99385 99391, 99392, 99393, 99394, 99395 86631, 86632, 86701, 86703, 87081, 87110, 87210, 87270, 87320,	Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in
Preventive Medicine Services: Established Patients STI/HIV Screening Bright Futures Recommends screening for all sexually active	99384, 99385 99391, 99392, 99393, 99394, 99395 86631, 86632, 86701, 86703, 87081, 87110, 87210, 87270, 87320, 87490, 87491, 87590,	Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in
Preventive Medicine Services: Established Patients STI/HIV Screening Bright Futures	99384, 99385 99391, 99392, 99393, 99394, 99395 86631, 86632, 86701, 86703, 87081, 87110, 87210, 87270, 87320,	Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in
Patients STI/HIV Screening Bright Futures Recommends screening for all sexually active	99384, 99385 99391, 99392, 99393, 99394, 99395 86631, 86632, 86701, 86703, 87081, 87110, 87210, 87270, 87320, 87490, 87491, 87590, 87591, 87800, 87801,	Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in
Preventive Medicine Services: Established Patients STI/HIV Screening Bright Futures Recommends screening for all sexually active patients Refer also to USPSTF's 'Human Immunodeficiency Virus (HIV) Infection	99384, 99385 99391, 99392, 99393, 99394, 99395 86631, 86632, 86701, 86703, 87081, 87110, 87210, 87270, 87320, 87490, 87491, 87590, 87591, 87800, 87801,	Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in
Preventive Medicine Services: Established Patients STI/HIV Screening Bright Futures Recommends screening for all sexually active patients Refer also to USPSTF's 'Human Immunodeficiency Virus (HIV) Infection	99384, 99385 99391, 99392, 99393, 99394, 99395 86631, 86632, 86701, 86703, 87081, 87110, 87210, 87270, 87320, 87490, 87491, 87590, 87591, 87800, 87801,	Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in
Preventive Medicine Services: Established Patients STI/HIV Screening Bright Futures Recommends screening for all sexually active patients	99384, 99385 99391, 99392, 99393, 99394, 99395 86631, 86632, 86701, 86703, 87081, 87110, 87210, 87270, 87320, 87490, 87491, 87590, 87591, 87800, 87801,	Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in
Preventive Medicine Services: Established Patients STI/HIV Screening Bright Futures Recommends screening for all sexually active patients Refer also to USPSTF's 'Human Immunodeficiency Virus (HIV) Infection Screening for Pregnant and Non-Pregnant	99384, 99385 99391, 99392, 99393, 99394, 99395 86631, 86632, 86701, 86703, 87081, 87110, 87210, 87270, 87320, 87490, 87491, 87590, 87591, 87800, 87801,	Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in

Tuberculosis TestingBright FuturesRecommends tuberculosis testing if the riskassessment is positive	86580, 99211	Payable with a diagnosis code in Diagnosis List 1
Vision Screening Bright Futures Recommends vision screening for newborns through age 21 years	99173, 99174	Payable with a diagnosis code in Diagnosis List 1

Many of the services listed above may be performed for indications other than preventive care. In these situations, services may be covered by another provision of the individual's benefit plan and subject to applicable cost sharing.

Diagnosis List 1

Z00.00	Z00.01	Z00.110	Z00.111	Z00.121	Z00.129	Z0.08	Z01.411	Z01.419	Z02.83	Z11.1
Z11.3	Z11.4	Z11.51	Z12.11	Z12.12	Z12.2	Z12.31	Z12.39	Z12.4	Z12.5	Z13.0
Z13.1	Z13.220	Z13.4	Z13.5	Z13.6	Z13.820	Z23	Z30.011	Z30.012	Z30.013	Z30.014
Z30.015	Z30.016	Z30.017	Z30.018	Z30.019	Z30.02	Z30.09	Z30.40	Z30.41	Z30.42	Z30.430
Z30.431	Z30.432	Z30.433	Z30.44	Z30.45	Z30.46	Z30.49	Z30.8	Z30.9	Z32.2	Z71.41
Z71.51	Z71.6	Z71.7								

Breastfeeding Equipment & Supplies

Non-grandfathered plans provide coverage of manual, electric, and hospital grade breast pumps along with breastfeeding supplies at the preventive level.

Manual breast pumps utilize procedure code E0602 and are available for purchase and covered at the preventive level when obtained In-Network, Out of Network, or from Retail providers. Sales tax is excluded from retail purchases.

Electric breast pumps utilize procedure code E0603 and must be rented or purchased from an In-Network provider or a contracted durable medical equipment supplier. The models of breast pumps being provided at the preventive level are up to the individual provider's discretion. If a member choses to obtain an upgraded model, they may be balance billed the difference between the allowance of the standard model and the cost of the upgraded model. Members are allowed two breast pumps per benefit period. *Note: Retail providers such as Babies 'R' Us, Target, Wal-Mart, or online vendor are not licensed medical providers and therefore are considered Out of Network. Out of network coverage will follow the out of network benefit level for preventive services. This may include cost sharing and sales tax is excluded.*

Hospital grade breast pumps utilize procedure code E0604 and are only covered when rented In-Network or from an In-Network durable medical equipment supplier. Hospital grade breast pump coverage is up to the purchase price of \$1,000.00 or 12 months, whichever comes first. At the end of coverage, the unit must be returned to the durable medical equipment supplier. Members are allowed one breast pump per benefit period.

Breast pumps obtained from Out of Network providers are reimbursable at the Out of Network level.

The following breast pump supplies are reimbursable the preventive level. Some limitations and restrictions may apply based on the group coverage for preventive services.

- A4281- Tubing for breast pump, replacement, spare membranes, replacements
- A4282- Adapter for breast pump, replacement
- A4283- Cap for breast pump bottle, replacement
- A4284- Breast shield and splash protector for use with breast pump, replacement
- A4285- Polycarbonate bottle for use with breast pump, replacement
- A4286- Locking ring for breast pump, replacement

Differentiating Preventive Care versus Diagnostic Care

The following types of services are considered Preventive:

- Screenings intended to prevent illness or identify issues before symptoms are evident
- Counseling intervention as defined by a specific preventive recommendation

Examples of preventive services:

- A 60-year-old woman obtains her biennial mammogram to screen for breast cancer
- A patient who has been identified as having cardiovascular disease risk factors is referred for nutritional counseling
- A 50-year old patient obtains a colonoscopy to screen for colorectal cancer
- A 42-year-old patient goes to their doctor for their annual physical and receives a blood test to screen for abnormal blood glucose

The following types of services are considered Diagnostic:

- The diagnosis of existing symptoms or abnormalities
- Treatment for specific health conditions, ongoing care, or other tests to manage a health condition

Examples of diagnostic services:

- A 60-year-old woman obtains a mammogram after noticing a lump in her breast
- A patient diagnosed with diabetes is referred for nutritional counseling to manage their condition
- A patient goes to their doctor for their annual physical and receives a blood test to check iron and liver function, and a urinalysis is requested

Limitations and Exclusions

- 1. <u>Services not reimbursable at the preventive level may be reimbursable under another portion of the medical plan.</u>
- 2. Breastfeeding equipment and supplies not listed underneath the "Breastfeeding Equipment and Supplies" section. This includes, but is not limited to
 - a. Batteries
 - b. Breastfeeding ointments, creams
 - c. Breast milk storage supplies including bags, freezer packs, etc.
 - d. Breast pump cleaning supplies
 - e. Breast pump traveling cases
 - f. Infant scales
 - g. Nursing bras
 - h. Nursing covers, scarfs
- Immunizations that are not published in the Center for Disease Control's Morbidity and Mortality Weekly Report (MMWR) and/or are not on the list of "Vaccines Licensed for Use in the United States" by the United States Food and Drug Administration (FDA).
- 4. Prescription coverage may vary depending on the terms and conditions of the plans. A prescription may be required for coverage under the pharmacy benefit. The plan may also require that the generic drug be tried first before the brand version. Age limits, restrictions, and other requirements may apply. Members can verify their pharmacy benefits by calling the customer service number on the back of their ID card.
- 5. For OTC purchases, members will need to obtain a prescription from their provider and take it to the pharmacy to be filled.
- 6. If there is a medication not included, the member should consult their doctor for therapeutic alternatives first before submitting coverage exceptions to BCBS.

Each benefit plan, summary plan description or contract defines which services are covered, which services are excluded, and which services are subject to dollar caps or other limitations, conditions or exclusions. Members and their providers have the responsibility for consulting the member's benefit plan, summary plan description or contract to determine if there are any exclusions or other benefit limitations applicable to this service or supply. If there is a discrepancy between a MEDICAL POLICY and a member's benefit plan, summary plan description or contract, the benefit plan, summary plan description or contract, the benefit plan, summary plan description or contract will govern.

References:

Advisory Committee on Immunization Practices (ACIP). "Vaccine-Specific ACIP Recommendations." (2016, March 22). Retrieved April 19, 2017, from https://www.cdc.gov/vaccines/hcp/acip-recs/index.html

American Academy of Pediatrics- Bright Futures. "Recommendations for Preventive Pediatric Health Care." (2017, February 1). Retrieved April 19, 2017, from https://www.aap.org/en-us/Documents/periodicity_schedule.pdf

American Academy of Pediatrics- Bright Futures. "Achieving Bright Futures." Retrieved April 19, 2017 from https://www.aap.org/en-us/Documents/practicet_periodicity_AllVisits.pdf

Centers for Disease Control and Prevention. "Immunization Schedules." (2017, February 6). Retrieved April 19, 2017, from https://www.cdc.gov/vaccines/schedules/index.html

Health Resources and Services Administration. "Women's Preventive Services Guidelines." (2016, December 20). Retrieved April 19, 2017, from https://www.hrsa.gov/womensguidelines/

United States Food and Drug Administration. "Vaccines Licensed for Use in the United States." (2017, January 25). Retrieved April 19, 2017, from https://www.fda.gov/BiologicsBloodVaccines/Vaccines/ApprovedProducts/UCM093833

United States Preventive Services Task Force. "Published Recommendations." (2017, April 1). Retrieved April 19, 2017, from https://www.uspreventiveservicestaskforce.org/BrowseRec/Index/browse-recommendations

Policy Update History:

Approval Date	Description
6/23/17	New policy