

MCO Depression TeleECHO™ Sessions

Curriculum

Date	Topic	Presenter
1/11/2019	Depression Essentials <ul style="list-style-type: none"> Epidemiology, Screening, Diagnosis, Stepped Care, Outcome Measures 	Brant Hager, MD
1/18/2019	Antidepressant Medication Management <ul style="list-style-type: none"> Classes, Therapeutic/Adverse Effects, Titrating, Switching, Discontinuing 	Brant Hager, MD
1/25/2019	Brief Psychosocial Interventions <ul style="list-style-type: none"> Core Elements, Evidence Base, Practical Applications for Primary Care Teams 	Christopher Morris, PhD
2/1/2019	Referring for Behavioral Health Consultation <ul style="list-style-type: none"> Timing and Language, Coordination with Consultants, Reinforcing Consultant Treatment, Treatment Continuation 	Christopher Morris, PhD, and Brant Hager, MD
2/8/2019	Treating Resistant Depression <ul style="list-style-type: none"> Algorithmic Treatment, Third and Fourth Line Treatments, Augmentation 	Brant Hager, MD
2/15/2019	Treating Psychotic Depression <ul style="list-style-type: none"> Screening for Psychosis, Antipsychotics, Therapeutic/Adverse Effects, Titrating, Switching, Discontinuing 	Brant Hager, MD
2/22/2019	Treating Bipolar Depression <ul style="list-style-type: none"> Screening for Mania, Mood Stabilizers, Therapeutic/Adverse Effects, Titrating, Switching, Discontinuing 	Brant Hager, MD
3/1/2019	Relapse Prevention <ul style="list-style-type: none"> Epidemiology of Relapse, Evidence Based Relapse Prevention Strategies, Relapse Prevention Planning 	Brant Hager, MD, and Christopher Morris, PhD

RESERVE YOUR PLACE NOW!

5 eight week cohorts throughout 2019:

1/11/2019 – 3/1/2019; 3/22/2019 – 5/17/2019; 6/7/2019 – 8/2/2019; 8/16/2019 – 10/4/2019; 10/18/2019 – 12/13/2019

Email your preferred cohort choice with your name, credentials and contact information to: mcodepressionecho@salud.unm.edu

Email: mcodepressionecho@salud.unm.edu

IT Support: 505-750-4897 or echoit@salud.unm.edu

Website: <http://echo.unm.edu>



MCO Depression TeleECHO™ Sessions

PROGRAM DIRECTOR: Brant Hager, MD

Who can attend?

Primary Care Teams – Physicians, Nurse Practitioners, Nurses and the MCO case managers

Join us every Friday!

The first cohort will run 8 weeks beginning
January 11, 2019

Connect by Zoom, Telephone, or Visit Us On-Site
12:00 PM - 2:00 PM (Mountain Time)

OUR CAUSE:

Major depressive disorder is the 2nd leading cause of years lived with disability in the United States, and persistent depressive disorder is the 19th leading cause (US Burden of Disease Collaborators). Psychotherapy and medication comprise the backbone of depressive disorders treatment, however, despite the availability of effective treatment, only 40% of patients with a depressive disorder receive minimally adequate treatment.

OUR PURPOSE:

With the use of the ECHO model, the Managed Care Organization Depression TeleECHO™ (MCO Depression) will train and support MCO-contracted primary care teams and MCO case managers in the essential ingredients of depression care.

HOW TO PARTICIPATE:

- ❖ Complete periodic surveys evaluating practice style, knowledge, and self-efficacy related to treating depressive disorders
- ❖ Present patient cases via telephone or webcam
- ❖ Participate in brief lectures
- ❖ No Cost CME is offered to participants

HOW TO REGISTER:

- ❖ Email your name, credentials, health center name, city and state to:
mcodepressionecho@salud.unm.edu



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