



**OPTIONAL RECOMMENDED CLINICAL REVIEW  
FOR ELECTIVE INPATIENT & OUTPATIENT SERVICES FOR  
TEACHER RETIREMENT SYSTEM OF TEXAS (TRS).  
EFFECTIVE 09/01/2024  
UPDATED 03/01/2025**

- A **Recommended Clinical Review** is an optional review for medical necessity which occurs before services are completed for a Covered Service and helps limit the situations where a service may be denied based upon medical necessity retrospectively.
- **Recommended Clinical Reviews** for elective inpatient services and outpatient services managed by BCBSTX medical management can be submitted using the [Availity® Authorizations and Referrals](#) tool or calling the number on the back of the participant ID card. RCR for outpatient services managed by Carelon Medical Benefits Management can be submitted online at [Carelon ProviderPortal](#) or by phone 1-800-859-5299.
- For more information on **Recommended Clinical Review**, refer to [Utilization Management](#) on the provider website.

**Inpatient RCR applies to all TRS Plans**

Providers can submit an optional Recommended Clinical Review for the following elective inpatient services:

**Elective Inpatient Medical/Surgical Facility Admissions Including Transfers:**

- Acute Care/Hospital Hospice, Maternity, Medical, Surgical, Transplant)
- Hospice Care
- Long Term Acute Care/Sub-acute
- Rehabilitation Facility
- Skilled Nursing Facility

**Elective Behavioral Health and Chemical Dependency Facility Admissions:**

- Inpatient Rehab
- Residential Treatment Center

**Applies to TRS ASO Plans ONLY (No "TDI" on ID Card)**

**Providers can submit an optional Recommended Clinical Review for the following outpatient services:**

**Outpatient Medical/Surgical Services** managed by:  
Carelon:

- Advanced Imaging / Radiology, Cardiology
- Molecular Genetic Lab Testing
- Musculoskeletal - Joint, Spine Surgery, Musculoskeletal - Pain
- Radiation Therapy / Radiation Oncology
- Sleep

**BCBSTX: Select Outpatient Services including but not limited to:**

- Cardiology – Lipid Apheresis
- Ear, Nose and Throat
- Gastroenterology

- Neurology
- Outpatient Surgery (Breast, Deactivation of Headache Triggers, Jaw)
- Pain Management
- Wound Care
- Home Health Services including but not limited to home private duty nursing, home infusion therapy and PT/OT/ST
- Home Hemodialysis
- Home Hospice
- Home Infusion Therapy
- Non-Emergent Air Ambulance through 5/22/25
- Medical Transportation (*through Alacura Medical Transportation Management*) effective 5/23/25
- Transplant Services, Transplant Evaluations and Transplants
- Durable Medical Equipment >\$5,000
- Outpatient Physical Therapy/Occupational Therapy/Speech Therapy

**Mental Health and Substance Use Disorder Services Outpatient:**

- Applied Behavior Analysis
- Intensive Outpatient Treatment
- Partial Hospitalization
- Psychological Testing/Neuropsychological Testing
- Repetitive Transcranial Magnetic Stimulation

**Specialty Pharmacy Medications that are covered by Medical Benefits**

- Infusion Site of Care - medical necessity review for therapy and for place of infusion.
- Medical Oncology & Supportive Care (through Carelon) – medical necessity review for oncology drugs that are supported by an oncology diagnosis.
- Provider Administered Drug Therapies - medical necessity review for therapy only.

RECOMMENDED CLINICAL REVIEW SCREENING CRITERIA EFFECTIVE 09/01/2024	
MEDICAL/SURGICAL SCREENING CRITERIA	BEHAVIORAL HEALTH SCREENING CRITERIA
<ul style="list-style-type: none"> <li>• MCG Care Guidelines</li> <li>• BCBSTX Medical Policies</li> <li>• American Society of Addiction Medicine Criteria</li> <li>• Texas Department of Insurance Standards for Reasonable Cost Control and Utilization Review for Chemical Dependency Treatment Centers for CD service provided in Texas</li> <li>• Carelon Medical Benefits Management (vendor solution): Carelon Evidence-based Guidelines</li> </ul>	<ul style="list-style-type: none"> <li>• MCG Care Guidelines</li> <li>• BCBSTX Medical Policies</li> <li>• Texas Department of Insurance Standards for Reasonable Cost Control and Utilization Review for Chemical Dependency Treatment Centers</li> <li>• American Society of Addiction Medicine Criteria</li> </ul>

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