

**BLUE CROSS AND BLUE SHIELD OF TEXAS
PRIOR AUTHORIZATION EXEMPTION
OUTPATIENT CARE CATEGORIES LIST EFFECTIVE
01/01/2025**

BEHAVIORAL HEALTH OUTPATIENT CARE CATEGORY
Applied Behavior Analysis (ABA) - Mental Health
Electroconvulsive Therapy (ECT) - Mental Health
Intensive Outpatient Treatment - Mental Health
Intensive Outpatient Treatment - Substance Use Disorder
Partial Hospitalization - Mental Health
Partial Hospitalization - Substance Use Disorder
Psychological and Neuropsychological Testing – Mental Health
Psychological and Neuropsychological Testing - Substance Abuse Disorder
Repetitive Transcranial Magnetic Stimulation (rTMS) -Mental Health

PHYSICAL HEALTH OUTPATIENT CARE CATEGORY
Advanced Imaging/Radiology, Hi-Tech Radiology, Cardiology ¹
Cardiology - Lipid Apheresis
Ear, Nose and Throat
Gastroenterology
Home Health, Hospice Care
Home Hemodialysis
Home Infusion Therapy (HIT)
Infusion Site of Care, Provider Administered Drug Therapy
Medical Oncology & Supportive Care ^{1a}
Molecular & Genomic Testing, Molecular Genetic Lab Testing ¹
Musculoskeletal Joint, Spine Surgery and Musculoskeletal Pain ¹
Neurology
Medical Transportation ² (formerly Non-Emergent Air and Ground Ambulance, Non-Emergent Air Ambulance)
Orthognathic Surgery, Outpatient Surgery (Jaw)
Outpatient Surgery
Outpatient Surgery (Breast)
Outpatient Surgery (Deactivation of Headache Triggers)
Pain Management
Private Duty Nursing (PDN)
Provider Administered Drug Therapy

**BCBSTX
PRIOR AUTHORIZATION EXEMPTION
OUTPATIENT CARE CATEGORIES LIST EFFECTIVE 01/01/2025, cont.**

PHYSICAL HEALTH OUTPATIENT CARE CATEGORY
Radiation Therapy / Radiation Oncology ¹
Reconstructive Procedures
Sleep, Sleep Studies & Sleep DME ¹
Specialty Drugs ^{1a}
Transplant Services, Transplant Evaluations and Transplants
Wound Care

Services may apply to:

¹ Services are administered by Carelon Medical Benefit Management

^{1a} Services may be administered by BCBSTX or Carelon.

² Services may be administered by BCBSTX or Alacura Medical Transportation Management

Carelon Medical Benefits Management is an independent company that has contracted with BCBSTX to provide utilization management services for members with coverage through BCBSTX.

Alacura Medical Transportation Management, LLC. is an independent company that has contracted with Blue Cross and Blue Shield of Texas to provide utilization management services for members with coverage through BCBSTX.

BCBSTX makes no endorsement, representations or warranties regarding third-party vendors and the products and services offered by them.