# 24/7 Nurseline Audio Health Topics

#### What are audio health topics?

Health care questions and concerns are present even when symptoms are not. The 24/7 Nurseline audio health topics are available to help you and your family educate yourselves about many common and chronic illnesses and diseases — 24 hours a day, 7 days a week.

Pre-recorded messages on topics provide the information you need to help:

- Prevent illness
- · Identify warning signs
- Administer self care

#### How can I listen to audio health topics?

It's easy, just call the same toll-free number you call to speak with a nurse. You can call anytime for information on a variety of health care topics. If you are calling from a touchtone phone, just follow the directions below. If you are calling from a dial phone (rotary phone), please stay on the line and a nurse can direct you to a topic.

#### Call instructions:

- Look up the 4-digit number for the topic you want to hear.
- Call the toll-free number.
- Select the option for audio health topics. You will be transferred to an agent who can connect you to the appropriate recording.
- Listen to the recording. Topics are usually 2 to 5 minutes in length.



While listening to a topic, you can activate the following options by pressing the corresponding key on your telephone keypad.

Press 0 to speak to a nurse.

Press 1 to replay the entire topic.

Press 9 to end the call.



Call the 24/7 Nurseline at 800-581-0393 to access audio health topics. Call 911 for health emergencies.

Allergies and Immune System		3171	Carpal Tunnel Syndrome
		3172	Cast Care
3103	Allergies	3232	Curved Spine or Scoliosis
	Allergy Tests	3188	Ganglion Cyst
3102	Controlling Your Environment when You Have Allergies	3189	Gout
3107	Drug Allergy	3205	Low Back Pain
3811	Enlarged Lymph Nodes in Children		
4209	Eye Allergy	3209	Muscle Cramps and Spasms
4441	Flu Shots	3738	Muscular Dystrophy
3109	Food Allergy	3213	Neck Spasms
3814	Food Allergy in Children	3217	Osteoarthritis
3110		3219	Osteoporosis
	Hay Fever in Children	3223	Pigeon Toe
3817	Hay Fever in Children	3228	Rheumatoid Arthritis
3111	Hives	3241	Slipped Disk or Herniated Disk
4664	Immunizations for Adults	Dusin	and Names Contains
4663	Immunizations for Children		and Nervous System
3207	Lupus	3401	Alzheimer's Disease
5063	Lymph Nodes, Enlarged	4305	Cerebral Palsy
3112	Poison Ivy, Sumac and Oak	4406	Chronic Fatigue Syndrome
3113	Severe Allergic Reaction	5054	Dizziness
4443	Shots for Travel	3410	Epilepsy
4942	Tetanus Shots	5056	Fatigue
		3177	Fibromyalgia
	and Cancer	3416	Lou Gehrig's Disease
4402	Anemia	3418	Migraine Headache
3607	Blood Clots	3436	Migraine Headaches in Children
4404	Blood Transfusion	3435	Multiple Sclerosis
3500	Childhood Leukemia	3423	Parkinson's Disease
4321	Hemophilia	4421	Restless Legs Syndrome
4334	Sickle Cell Anemia	3425	Sciatica
		3426	Seizures
Bones, Muscles and Joints		3820	Seizures in Children
3154	Arthritis	3430	Stroke
3157	Arthroscopy	3432	Tension Headache
4650	Back Pain Prevention at Work	3778	Tics
3169	Bursitis		

Cance	r	3614	Congenital Heart Disease
3501	Bladder Cancer	3618	Coronary Artery Disease
3502	Bone Cancer	3621	Deep Vein Thrombosis
3504	Brain Cancer	3623	Exercise Stress Test
4671	Cancer and Ways to Protect Yourself Against It	3640	Heart Attack
3511	Cancer Screening	3624	Heart Attack Warning Signs
3517	Cancer Warning Signs	3625	Heart Catheterization
3518	Cervical Cancer	5324	Heart Conditions in Pregnancy
3519	Chemotherapy	3653	Heart Disease and Women
3711	Childhood Cancers	4660	Heart Disease Prevention
3520	Chronic Lymphocytic Leukemia	3627	Heart Failure
3521	Colon and Rectal Cancer	3634	Heart Infection or Endocarditis
3547	Endometrial Cancer	3628	Heart Murmur
3523	Esophageal Cancer	3629	Heart Palpitations
3524	Hodgkin Lymphoma	3631	High Blood Pressure
3526	Kidney Cancer	3632	High Cholesterol
3527	Liver Cancer	5126	Holter Monitors
3528	Lung Cancer	3635	Low Blood Pressure
3529	Melanoma	3637	Mitral Valve Prolapse
3532	Non-Hodgkin Lymphoma	3642	Pacemakers
3533	Ovarian Cancer	3645	Peripheral Artery Disease
3535	Pancreatic Cancer	3649	Triglycerides
3537	Prostate Cancer	3650	Varicose Veins
3540	Radiation Therapy		
3541	Skin Cancer	Childre	en
3543	Stomach Cancer	3706	Bedwetting in Children
3544	Testicular Cancer	4738	Breast-Feeding Advice
3545	Throat Cancer	4739	Breast-Feeding and Giving Your Baby Enough Milk
3546	Thyroid Cancer	4740	Breast-Feeding and How to Increase Your Milk Supply
Heart	and Blood Vessels	3708	Breast-Feeding Benefits
3600	Aneurysm	3790	Breast-Feeding Positions
3601	Angina	3714	Croup
3602	Angioplasty	3715	Crying Baby
3605	Atherosclerosis	3725	Formula Feeding
3606	Atrial Fibrillation	4721	Overweight and Obese Children

Children (Continued)		3903	Diabetes Self Blood Glucose Monitoring
3789 Sleep Apnea in Babies		3907	Diabetic Eye Problems
3771	Sudden Infant Death Syndrome or SIDS	3908	Diabetic Ketoacidosis
3775	Temper Tantrums	3909	Diabetic Retinopathy
3777	Thumbsucking	3912	High Blood Sugar
3779	Toddler Discipline	3915	Low Blood Sugar
3780	Toilet Training	3782	Type 1 Diabetes in Children
3783	Undescended Testicle		
3798	Weaning from Breast to Bottle	Diet a	nd Exercise
		4700	Caffeine in Your Diet
Mouth	and Teeth	4701	Calcium
3850	Bad Breath	4702	Carbohydrates
4853	Canker Sore	3615	Controlling Cholesterol
4505	Cold Sores or Fever Blisters	3654	DASH Diet for Hypertension
3856	Dental Care for Adults	4707	Eating Healthy Snacks
3852	Dental Care for Children	4129	Exercise for Kids
3855	Gingivitis	3013	Exercise for Older Adults
3774	Teething	3792	Exercise for Teens
4432	Temporomandibular Joint Disorder	4117	Exercise if You're Overweight
3858	Thrush	4118	Exercise to Stay Healthy
3859	Toothache	4735	Fast Food
		4709	Fat in Your Diet
Diabet	es	4711	Fiber in Your Diet
3924	A1C Test for Diabetes	4743	Fluid Needs for Good Health
3923	Controlling Blood Sugar during Exercise	4122	Fluid Replacement
0005	when You Have Diabetes	4728	Healthy Diet
3905	Diabetes — Type 1	3754	Healthy Meal Planning for Children
3906	Diabetes — Type 2	4737	Healthy Snacks for Children
4718	Diabetes and Alcohol	4126	Home Exercise Equipment
4715	Diabetes and Eating Out	4741	Iron in Your Diet
3904	Diabetes and Exercise	4736	Lactose Intolerance
3902	Diabetes and Food Management	4714	Losing Weight
3921	Diabetes and Heart Disease	3636	Low Sodium Diet
3922	Diabetes and Nerve Damage	3211	Neck Exercises
3900	Diabetes and Sick Days	3027	Nutrition for Healthy Aging
3901	Diabetes Foot Care	4719	Obesity

Diet and Exercise (Continued)		4030	Intestinal Gas
4112	Personal Fitness Plan	4031	Irritable Bowel Syndrome
4724	Reading Food Labels	5065	Nausea and Vomiting
4164	Safe Exercise for People with Heart Disease	3819	Nausea and Vomiting in Children
4725	Salt in Your Diet	4007	Polyps in the Colon and Rectum
4153	Strength Training	4035	Rectal Bleeding
4154	Stretching	4037	Stomach Flu
4727	Sugar Substitutes	4016	Stomach Ulcer
4155	Swimming and Water Exercise	4038	Traveler's Diarrhea
4731	Vegetarian Diet		
4732	Vitamins	Ear, N	ose and Throat
4742	Vitamins and Minerals for Children	3963	Earache
4733	Weight Loss Diets	3810	Earache in Children
		3953	Earwax
Digest	tive System	3955	Laryngitis
5050	Abdominal Pain	3950	Middle Ear Infection
4003	Appendicitis	3956	Nosebleed
4919	Botulism	3427	Sinus Headache
4006	Cirrhosis	3958	Sinusitis
4008	Constipation	4817	Snoring
4009	Crohn's Disease	3959	Sore Throat
4010	Diarrhea	3822	Sore Throat in Children
3809	Diarrhea in Children	5072	Tinnitus
4011	Diverticulitis		
4012	Diverticulosis	Eyes	
4013	Duodenal Ulcer	4224	Astigmatism
4918	Food Poisoning	4200	Cataract
3815	Food Poisoning in Children	4202	Color Blindness
4014	Gallstones	4203	Common Vision Problems
4017	Gastritis	4207	Crossed Eyes or Strabismus
4019	Groin Hernia	4212	Eye Symptoms Demanding Immediate Attention
4021	Heartburn	4214	Eyestrain
4023	Hemorrhoids	4216	Glaucoma
3728	Hernias in Children	4228	Macular Degeneration
4027	Hiatal Hernia	4218	Pinkeye or Conjunctivitis
4029	Indigestion	4219	Retinal Detachment

Eyes (Continued)		4507	Dengue Fever and Dengue
4206	Scratch on the Surface of the Eye or		Hemorrhagic Fever
	Corneal Abrasion	4920	E. Coli Infection
4221	Stye	5444	Ebola Virus
Foot F	Dra la la ma	4508	Fifth Disease
	Problems	4522	Flu
3168	Bunion	3813	Flu in Children
3191	Heel Pain	4510	Genital Herpes
3196	Ingrown Toenail	4511	Genital Warts and HPV Infection
3224	Plantar Fasciitis	4547	Giardiasis
0	and Hanada	4512	Gonorrhea
	s and Heredity	4513	Group A Strep Disease
4314	Down Syndrome	4514	Hand-Foot-and-Mouth Disease
Conor	al Haalth	4042	Helicobacter Pylori
	al Health	4024	Hepatitis A
4910	Dehydration	4025	Hepatitis B
5057	Fever	4026	Hepatitis C
3812	Fever in Children	4500	HIV and AIDS Risk Factors and Prevention
4924	Heat Illness	4516	HIV Infection and AIDS
4416	Hiccups	4521	Infectious Mononucleosis
Hormones		4524	Lice
		4548	Listeriosis
3914	Hyperthyroidism	4550	Measles
3916	Hypothyroidism	4551	Mumps
Infecti	ous Disease	5264	Pelvic Inflammatory Disease
4552	Antibiotic-Resistant Infections	4526	Pinworms
3402	Bacterial Meningitis in Adults	4549	Rabies
3705	Bacterial Meningitis in Children	4527	Rheumatic Fever
3162	Bone Infection	4529	Roseola in Children
4544	Cat Scratch Disease	4530	Rubella
		4509	Salmonellosis
4545	Chickenpox	4533	Sexually Transmitted Diseases
3805	Chickenpox in Children	4534	Shingles
5442	Chikungunya	3960	Strep Throat
4503	Chlamydial Infection in Men	4537	Syphilis
4504	Chlamydial Infection in Women	4537	Tetanus
		4000	i Gtaliu S

Infecti	ous Disease (Continued)	3246	Stress Fractures
4540	Tuberculosis	4157	Tendonitis
3434	Viral Meningitis in Adults	4943	Tick Bite
3785	Viral Meningitis in Children	3258	Toe Fracture
4542	West Nile Virus	3253	Using Crutches Safely
3787	Whooping Cough	5015	Wound Closure and Wound Care
5297	Yeast Infection		
5448	Zika Virus	Medic	
		4251	Antacids
Injurie	S	4252	Antibiotics
3150	Achilles Tendon Injury	4277	Anticoagulant and Antiplatelet Medicines
3153	ACL or Anterior Cruciate Ligament Injury	4253	Antidepressant Medicines
4900	Animal and Human Bites	4255	Anti-Inflammatory Medicines
3164	Ankle Fracture	4257	Beta Blockers
5445	Burns Caused by Chemicals	4266	Blood Pressure Lowering Medicines
5446	Burns Caused by Heat	4259	Corticosteroids
3406	Concussion	3808	Cough Medicines and Children
4934	Cuts, Scrapes and Scratches	4262	Diuretics
4912	Electric Shock	4263	Drug Interactions
3185	Fracture Treatment	4264	Generic Drugs
4922	Frostbite	4267	Laxatives
4123	Groin Strain	3735	Medicine Safety in Children
3413	Head Injury	4270	Nonprescription Medicines
3193	Hip Fracture	4268	Using Medicine Safely
4927	Hypothermia		
3105	Insect Bites and Stings		Health
3210	Muscle Strain	4607	Prostate Problems
3212	Neck Injuries	4343	Vasectomy
3270	Nose Injury	Name	Lond Dahardanal Haalth
4139	Overuse Injuries		I and Behavioral Health
4929	Puncture Wound	3301	Abuse and Domestic Violence in Adults
3237	Shoulder Injuries	3312	ADHD or Attention Deficit Hyperactivity Disorder in Children
4936	Snakebite	3302	Aggressive Behavior in Children
4939	Spider Bites and Scorpion Stings	3304	Alcohol Abuse and Dependence
3429	Spinal Cord Injury	4400	Alcohol and Health
3245	Sprains		

3306         Annesia         3379         Social Anxiety Disorder           3307         Anger Management         3363         Somatization Disorder           3308         Ancrexia         4425         Stress           3310         Anxiety Disorders         4426         Stress Management           3313         Binge Eating Disorder or Compulsive Overeating         3363         Suicide           3314         Bipolar Disorder         4338         Talking with Your Child about Drinking and Drugs           3315         Bullinia         Talking with Your Child about Drinking and Drugs           3317         Cocarine Abuse and Dependence         3367         Types of Therapy for Mental Health           3318         Compulsive Gambling         4443         The Strasses of Chronic Illness           3318         Compulsive Gambling         4440         Chronic Pain           3319         Depression during Pregnancy and Childbirth         3263         Knee Pain           3310         Depression in Children and Teens         3422         Nerve Pain           3311         Depression Overview         3422         Nerve Pain           3312         Depression Overview         3424         Low Back Exercise           3313         Hallucinations         3204	Menta	I and Behavioral Health (Continued)	3360	Sexual Abuse and Children
3307         Anger Management         3363         Somatization Disorder           3308         Anorexia         4425         Stress           3310         Anxiety Disorders         4426         Stress Management           3313         Binge Eating Disorder or Compulsive Overeating         3363         Suicide           3314         Bipolar Disorder         4338         Talking with Your Child about Drinking and Drugs           3315         Bullmina         4433         The Stresses of Chronic Illness           3317         Cocaine Abuse and Dependence         3367         Types of Therapy for Mental Health           3318         Compulsive Gambling         4440         Chronic Pain           3218         Compulsive Gambling         4440         Chronic Pain           3218         Depression during Pregnancy and Childbirth         3263         Knee Pain           3219         Depression in Older Adults         3263         Knee Pain           3210         Depression Overview         4440         Chronic Pain           3221         Depression Overview         4222         Nerve Pain           3222         Physical Alechol Syndrome in Children         3294         Low Back Exercises           3224         Pate Alecholos Syndrome in Children			3379	Social Anxiety Disorder
3308         Anorexia         4426         Stress Management           3310         Anxiety Disorders         4426         Stress Management           3313         Bippe Eating Disorder or Compulsive Overeating         3363         Suicide           3314         Bipolar Disorder         438         Talking with Your Child about Drinking and Drugs and Drugs           3315         Bulmia         and Drugs           3300         Child Abuse and Neglect         4433         The Stresses of Chronic Illness           3317         Cocaine Abuse and Dependence         3367         Types of Therapy for Mental Health           3318         Compulsive Behavioral Therapy         Pain Water           3318         Compulsive Gambling         4440         Chronic Pain           3420         Depression during Pregnancy and Childbirth         3263         Knee Pain           3721         Depression in Older Adults         3422         Nerve Pain           3721         Depression in Older Adults         3422         Noncardiac Chest Pain           3722         Depression Overview         Physical Therapy           3724         Petal Alcohol Syndrome in Children         3204         Low Back Exercises           3724         Fetal Alcohol Syndrome in Children         3221			3353	Somatization Disorder
3313Binge Eating Disorder or Compulsive Overeating3363Suicide3314Bipolar Disorder4338Talking with Your Child about Drinking and Drugs3315Bullmia4338Talking with Your Child about Drinking and Drugs3300Child Abuse and Neglect4433The Stresses of Chronic Illness3317Cocaine Abuse and Dependence3367Types of Therapy for Mental Health3373Cognitive-Behavioral TherapyPain Management3318Compulsive Gambling4440Chronic Pain36269Depression during Pregnancy and Childbirth3263Knee Pain3772Depression in Children and Teens3422Nerve Pain3010Depression OverviewNoncardiac Chest Pain4313Disciplining Your ChildPhysical and Sports Medicine3720Dyslexia3204Low Back Exercises3724Fetal Alcohol Syndrome in Children3222Physical Therapy3331Hallucinations3271PRICE: Protection, Rest, Ice, Compression and Elevation for Injuries3333HynotherapyElevation for Injuries3334Illness Anxiety Disorder5202Amniocentesis3375Marijuana Abuse and Dependence5216Cesarean Section3342Narcissism or Narcissistic Personality Disorder5319Counseling during Pregnancy3345OCD or Obsessive-Compulsive Disorder5226Diet during Pregnancy3346Panic Attacks or Panic Disorder5232Episiotomy3349Phobias	3308		4425	Stress
3313         Binge Eating Disorder or Compulsive Overeating         3363         Suicide           3314         Bipolar Disorder         4338         Talking with Your Child about Drinking and Drugs           3315         Bullmia         4433         The Stresses of Chronic Illness           3317         Cocaine Abuse and Dependence         367         Types of Therapy for Mental Health           3317         Cocaine Abuse and Dependence         72pes of Therapy for Mental Health           3318         Compulsive Gambling         4440         Chronic Pain           5269         Depression in Children and Teens         3422         Nerve Pain           3721         Depression in Older Adults         3612         Noncardiac Chest Pain           3321         Depression Overview         3204         Low Back Exercises           3724         Fetal Alcohol Syndrome in Children         3204         Low Back Exercises           3724         Fetal Alcohol Syndrome in Children         3222         Physical Therapy           3331         Hallucinations         3271         PRICE: Protection, Rest, Ice, Compression and Elevation for Injuries           3332         Hypnotherapy         Evaluation for Injuries           3334         Hilmess Anxiety Disorder         5202         Amniocentesis	3310	Anxiety Disorders	4426	Stress Management
3314         Bipolar Disorder         4338         Talking with Your Child about Drinking and Drugs           3315         Bullmia         4333         The Stresses of Chronic Illness           3317         Cocaine Abuse and Dependence         3367         Types of Therapy for Mental Health           3373         Cognitive-Behavioral Therapy         Pain Management           3318         Compulsive Gambling         4440         Chronic Pain           3269         Depression during Pregnancy and Childbirth         3263         Knee Pain           3772         Depression in Children and Teens         3422         Nerve Pain           3010         Depression Overview         3612         Noncardiac Chest Pain           3720         Dyslexia         3204         Low Back Exercises           3724         Fetal Alcohol Syndrome in Children         3222         Physical Therapy           3333         Hypnotherapy         271         PRICE: Protection, Rest, Ice, Compression and Elevation for Injuries           3334         Hilness Anxiety Disorder         2721         PRICE: Protection, Rest, Ice, Compression and Elevation for Injuries           3334         Living with a Mentally Ill Person         5202         Amniocentesis           3355         Marijuana Abuse and Dependence         5216         C	3313		3363	Suicide
Salia Bullmia Child Abuse and Neglect 3367 Types of Therapy for Mental Health Cocaine Abuse and Dependence 3367 Types of Therapy for Mental Health Cognitive-Behavioral Therapy 3378 Compulsive Gambling Compulsive Chest Pain Compulsive Pain Compulsive Chest Pain Chest	3314		4338	Talking with Your Child about Drinking
Cocaine Abuse and Neglect 3317 Cocaine Abuse and Dependence 3367 Types of Therapy for Mental Health 3373 Cognitive-Behavioral Therapy 3318 Compulsive Gambling 4440 Chronic Pain 3263 Knee Pain 3272 Depression during Pregnancy and Childbirth 3273 Depression in Older Adults 3261 Noncardiac Chest Pain 3271 Depression Overview 4313 Disciplining Your Child 4313 Disciplining Your Child 4314 Physical Therapy 3315 Hallucinations 3316 Hallucinations 3317 PRICE: Protection, Rest, Ice, Compression and 3318 Illness Anxiety Disorder 3319 Incest 3310 Incest 3310 Pregnancy 3310 Incest 3311 Adijuana Abuse and Dependence 3312 Narcissism or Narcissistic Personality Disorder 3313 New Baby Creates Jealousy 3314 Panic Attacks or Panic Disorder 3315 Post: Traumatic Stress Disorder 3316 Proscription Drug Abuse and Dependence 3317 Prescription Drug Abuse and Dependence 3318 Prescription Drug Abuse in Kids 3319 Recognizing Drug Abuse in Kids 3310 Recognizing Drug Abuse in Kids 3311 Prescription Scalage (Miscarriage 3312 Recognizing Drug Abuse in Kids 3313 Rescognizing Drug Abuse in Kids 3314 Scalage 3315 Seasonal Affective Disorder 3316 Seasonal Affective Disorder 3317 Recognizing Drug Abuse in Kids 3318 Companies 3319 Panic Affective Disorder 3320 Response (Alfective Disorder 3331 Prescription Drug Abuse in Kids 3332 Response (Alfective Disorder 3334 Response (Alfective Disorder 3355 Seasonal Affective Disorder 3366 Schizophrenia 3377 Maring Sickness	3315	Bulimia		and Drugs
Cocaine Aouse and Dependence  3373 Cognitive-Behavioral Therapy 3318 Compulsive Gambling 3440 Chronic Pain 3263 Knee Pain 3772 Depression in Children and Teens 3422 Nerve Pain 3772 Depression in Older Adults 3612 Noncardiac Chest Pain 3772 Depression Overview 3773 Disciplining Your Child 3774 Petal Alcohol Syndrome in Children 3775 Petal Alcohol Syndrome in Children 3776 Petal Alcohol Syndrome in Children 3777 Pallucinations 3778 Hallucinations 3780 Incest 3791 Living with a Mentally III Person 3792 New Baby Creates Jealousy 3793 New Baby Creates Jealousy 3794 Pobias 3795 Post-Traumatic Stress Disorder 3796 Post-Traumatic Stress Disorder 3797 Post-Traumatic Stress Disorder 3798 Recognizing Drug Abuse in Kids 3799 Recognizing Drug Abuse in Kids 3790 Post-Straip Pregnancy 3790 Post-Straip Disorder 3791 Prescription Drug Abuse in Kids 3792 Post-Straip Pregnancy 3793 Recognizing Drug Abuse in Kids 3794 Post-Straip Pregnancy 3795 Post-Straip Pregnancy 3796 Post-Traumatic Stress Disorder 3797 Prescription Drug Abuse in Kids 3798 Prescription Drug Abuse in Kids 3799 Post-Straip Pregnancy 3790 Post-Traumatic Stress Disorder 3790 Post-Tr	3300	Child Abuse and Neglect	4433	The Stresses of Chronic Illness
Compulsive Gambling  Depression during Pregnancy and Childbirth  Depression in Children and Teens  Depression in Older Adults  Depression Overview  Depressi	3317	Cocaine Abuse and Dependence	3367	Types of Therapy for Mental Health
Compulsive Gambling Depression during Pregnancy and Childbirth Depression in Children and Teens Depression in Children and Teens Depression in Older Adults Depression Overview  321 Depression Overview  322 Noncardiac Chest Pain Disciplining Your Child Disciplining Your Child Depression Overview  322 Physical Therapy Dyslexia Depression Children Disciplining Your Child Disciplining Your C	3373	Cognitive-Behavioral Therapy	D : 1	
5269Depression during Pregnancy and Childbirth3263Knee Pain3772Depression in Children and Teens3422Nerve Pain3010Depression in Older Adults3612Noncardiac Chest Pain3211Depression Overview3612Noncardiac Chest Pain4313Disciplining Your ChildPhysical and Sports Medicine3720Dyslexia3204Low Back Exercises3724Fetal Alcohol Syndrome in Children3222Physical Therapy3331Hallucinations3271PRICE: Protection, Rest, Ice, Compression and Elevation for Injuries3333Hypnotherapy778PRICE: Protection, Rest, Ice, Compression and Elevation for Injuries334UnicestPregnancy3374Living with a Mentally III Person5202Amniocentesis3375Marijuana Abuse and Dependence5216Cesarean Section3342Narcissism or Narcissistic Personality Disorder5319Counseling during Pregnancy3345OCD or Obsessive-Compulsive Disorder5228Ectopic Pregnancy3346Panic Attacks or Panic Disorder5232Episiotomy3349Phobias5234Exercise during Pregnancy3350Post-Traumatic Stress Disorder5325Heartburn during Pregnancy3351Prescription Drug Abuse and Dependence5247Labor and Delivery3353Recognizing Drug Abuse in Kids5331Low Back Pain during Pregnancy3356Schizophrenia5252Miscarriage3357Seasonal Aff	3318	Compulsive Gambling		
Depression in Children and Teens Depression in Older Adults Depression in Older Adults Depression Overview  3612 Noncardiac Chest Pain Physical Theapap Physical Theapap Physical Theapap Physical The	5269	Depression during Pregnancy and Childbirth		
3010Depression in Older Adults3612Noncardiac Chest Pain3321Depression OverviewPhysical and Sports Medicine4313Disciplining Your ChildPhysical and Sports Medicine3720Dyslexia3204Low Back Exercises3724Fetal Alcohol Syndrome in Children3222Physical Therapy3331Hallucinations3271PRICE: Protection, Rest, Ice, Compression and Elevation for Injuries3334HypnotherapyElevation for Injuries3335IncestPregmancy3374Living with a Mentally III Person5202Amniocentesis3375Marijuana Abuse and Dependence5216Cesarean Section3342Narcissism or Narcissistic Personality Disorder5319Counseling during Pregnancy3345OCD or Obsessive-Compulsive Disorder5225Diet during Pregnancy3346Panic Attacks or Panic Disorder5232Ectopic Pregnancy3349Phobias5234Exercise during Pregnancy3350Post-Traumatic Stress Disorder5325Heartburn during Pregnancy3351Prescription Drug Abuse and Dependence5247Labor and Delivery3323Recognizing Drug Abuse in Kids5331Low Back Pain during Pregnancy3356Schizophrenia5252Miscarriage3357Seasonal Affective Disorder5254Morning Sickness	3772	Depression in Children and Teens		
Depression Overview  3131 Disciplining Your Child  3202 Dyslexia  3204 Low Back Exercises  3208 Physical Therapy  3209 Physical Therapy  3210 PRICE: Protection, Rest, Ice, Compression and Elevation for Injuries  3220 Physical Therapy  3221 PRICE: Protection, Rest, Ice, Compression and Elevation for Injuries  3222 Physical Therapy  3223 PRICE: Protection, Rest, Ice, Compression and Elevation for Injuries  3224 Protection, Rest, Ice, Compression and Elevation for Injuries  3225 Protection, Rest, Ice, Compression and Elevation for Injuries  3226 Protection, Rest, Ice, Compression and Elevation for Injuries  3227 Protection, Rest, Ice, Compression and Elevation for Injuries  3228 Protection, Rest, Ice, Compression and Elevation for Injuries  3230 Protection Presonal Section  3231 Courseling during Pregnancy  3332 Ectopic Pregnancy  3340 Panic Attacks or Panic Disorder  3341 Exercise during Pregnancy  3342 Exercise during Pregnancy  3343 Exercise during Pregnancy  3344 Exercise during Pregnancy  3345 Prescription Drug Abuse and Dependence  3346 Panic Attacks or Panic Disorder  3350 Post-Traumatic Stress Disorder  3351 Prescription Drug Abuse and Dependence  3352 Heartburn during Pregnancy  3353 Low Back Pain during Pregnancy  3356 Schizophrenia  3357 Seasonal Affective Disorder  3252 Miscarriage  3357 Morning Sickness	3010	Depression in Older Adults		
Dyslexia 3204 Low Back Exercises  3724 Fetal Alcohol Syndrome in Children 3222 Physical Therapy 3331 Hallucinations 3271 PRICE: Protection, Rest, Ice, Compression and Elevation for Injuries  3334 Illness Anxiety Disorder  3335 Incest Pregnancy  3374 Living with a Mentally III Person 5202 Amniocentesis  3375 Marijuana Abuse and Dependence 5216 Cesarean Section  3342 Narcissism or Narcissistic Personality Disorder 5319 Counseling during Pregnancy  3345 OCD or Obsessive-Compulsive Disorder 5228 Ectopic Pregnancy  3346 Panic Attacks or Panic Disorder 5232 Episiotomy  3349 Phobias 5234 Exercise during Pregnancy  3350 Post-Traumatic Stress Disorder 5325 Heartburn during Pregnancy  3351 Prescription Drug Abuse and Dependence 5247 Labor and Delivery  3363 Recognizing Drug Abuse in Kids 5331 Low Back Pain during Pregnancy  3366 Schizophrenia 5252 Miscarriage  3367 Seasonal Affective Disorder 5254 Morning Sickness	3321	Depression Overview	3612	Noncardiac Chest Pain
3720Dyslexia3204Low Back Exercises3724Fetal Alcohol Syndrome in Children3222Physical Therapy3331Hallucinations3271PRICE: Protection, Rest, Ice, Compression and Elevation for Injuries3333HypnotherapyElevation for Injuries3334Illness Anxiety Disorder3335IncestPregnarcy3374Living with a Mentally III Person5202Amniocentesis3375Marijuana Abuse and Dependence5216Cesarean Section3342Narcissism or Narcissistic Personality Disorder5319Counseling during Pregnancy3343New Baby Creates Jealousy5225Diet during Pregnancy3345OCD or Obsessive-Compulsive Disorder5228Ectopic Pregnancy3346Panic Attacks or Panic Disorder5232Episiotomy3349Phobias5234Exercise during Pregnancy3350Post-Traumatic Stress Disorder5325Heartburn during Pregnancy3351Prescription Drug Abuse and Dependence5247Labor and Delivery3323Recognizing Drug Abuse in Kids5331Low Back Pain during Pregnancy3356Schizophrenia5252Miscarriage3557Seasonal Affective Disorder5254Morning Sickness	4313	Disciplining Your Child	Physic	cal and Sports Medicine
3724Fetal Alcohol Syndrome in Children3222Physical Therapy3331Hallucinations3271PRICE: Protection, Rest, Ice, Compression and Elevation for Injuries3334HypnotherapyFetal Alcohol Syndrome3334Illness Anxiety DisorderFregnancy3335IncestPregnancy3374Living with a Mentally Ill Person5202Amniocentesis3375Marijuana Abuse and Dependence5216Cesarean Section3342Narcissism or Narcissistic Personality Disorder5319Counseling during Pregnancy3339New Baby Creates Jealousy5225Diet during Pregnancy3345OCD or Obsessive-Compulsive Disorder5228Ectopic Pregnancy3346Panic Attacks or Panic Disorder5232Episiotomy3349Phobias5234Exercise during Pregnancy3350Post-Traumatic Stress Disorder5325Heartburn during Pregnancy3351Prescription Drug Abuse and Dependence5247Labor and Delivery3323Recognizing Drug Abuse in Kids5331Low Back Pain during Pregnancy3356Schizophrenia5250Miscarriage3357Seasonal Affective Disorder5254Morning Sickness	3720	Dyslexia	•	•
Hallucinations Hypnotherapy Hypnotherapy  Hillness Anxiety Disorder  Pregnancy  Amniocentesis  Cesarean Section  Amniocentesis  Cesarean Section  Amniocentesis  Counseling during Pregnancy  Diet during Pregnancy  Amniocentesis  Counseling during Pregnancy  Diet during Pregnancy  Amniocentesis  Cesarean Section  Amniocentesis  Cesarean Section  Amniocentesis  Cesarean Section  Counseling during Pregnancy  Elevation for Injuries  Amniocentesis  Cesarean Section  Amniocentesis  Cesarean Section  Sala Ectopic Pregnancy  Elevation for Injuries  Amniocentesis  Cesarean Section  Sala Ectopic Pregnancy  Elevation for Injuries  Amniocentesis  Cesarean Section  Sala Ectopic Pregnancy  Elevation for Injuries  Amniocentesis  Cesarean Section  Sala Ectopic Pregnancy  Hearthurg Pregnancy  Hearthurg Pregnancy  Amniocentesis  Elevation for Injuries  Elevation for Injuries  Elevation for Injuries  Elevation for Injuries  Amniocentesis  Cesarean Section  Sala Ectopic Pregnancy  Hearthurg Pregnancy  Hearthurg Pregnancy  Amniocentesis  Elevation for Injuries  Elevation for Injuries  Amniocentesis  Elevation for Injuries  Hearthurg Pregnancy  Hearthurg Pregn	3724	Fetal Alcohol Syndrome in Children		
Hypnotherapy  Blevation for Injuries  Blevation for In	3331	Hallucinations		, , , , , , , , , , , , , , , , , , , ,
Incest Pregnancy  3374 Living with a Mentally III Person 5202 Amniocentesis  3375 Marijuana Abuse and Dependence 5216 Cesarean Section  3342 Narcissism or Narcissistic Personality Disorder 5319 Counseling during Pregnancy  3739 New Baby Creates Jealousy 5225 Diet during Pregnancy  3345 OCD or Obsessive-Compulsive Disorder 5228 Ectopic Pregnancy  3346 Panic Attacks or Panic Disorder 5232 Episiotomy  3349 Phobias 5234 Exercise during Pregnancy  3350 Post-Traumatic Stress Disorder 5325 Heartburn during Pregnancy  3351 Prescription Drug Abuse and Dependence 5247 Labor and Delivery  3323 Recognizing Drug Abuse in Kids 5331 Low Back Pain during Pregnancy  3356 Schizophrenia 5252 Miscarriage  3357 Seasonal Affective Disorder 5254 Morning Sickness	3333	Hypnotherapy	5271	·
3374Living with a Mentally III Person5202Amniocentesis3375Marijuana Abuse and Dependence5216Cesarean Section3342Narcissism or Narcissistic Personality Disorder5319Counseling during Pregnancy3739New Baby Creates Jealousy5225Diet during Pregnancy3345OCD or Obsessive-Compulsive Disorder5228Ectopic Pregnancy3346Panic Attacks or Panic Disorder5232Episiotomy3349Phobias5234Exercise during Pregnancy3350Post-Traumatic Stress Disorder5325Heartburn during Pregnancy3351Prescription Drug Abuse and Dependence5247Labor and Delivery3323Recognizing Drug Abuse in Kids5331Low Back Pain during Pregnancy3356Schizophrenia5252Miscarriage3357Seasonal Affective Disorder5254Morning Sickness	3334	Illness Anxiety Disorder		
Marijuana Abuse and Dependence 5216 Cesarean Section  Narcissism or Narcissistic Personality Disorder 5319 Counseling during Pregnancy  New Baby Creates Jealousy 5225 Diet during Pregnancy  CCD or Obsessive-Compulsive Disorder 5228 Ectopic Pregnancy  Panic Attacks or Panic Disorder 5232 Episiotomy  Phobias 5234 Exercise during Pregnancy  Post-Traumatic Stress Disorder 5325 Heartburn during Pregnancy  Prescription Drug Abuse and Dependence 5247 Labor and Delivery  Recognizing Drug Abuse in Kids 5331 Low Back Pain during Pregnancy  Schizophrenia 5252 Miscarriage  Seasonal Affective Disorder 5254 Morning Sickness	3335	Incest	Pregn	ancy
New Baby Creates Jealousy Social Panic Attacks or Panic Disorder Phobias Post-Traumatic Stress Disorder Prescription Drug Abuse and Dependence Recognizing Drug Abuse in Kids Schizophrenia Social Panic Affective Disorder Social Panic Attacks or Panic Disorder Social Panic Attacks or Panic Disorder Social Post-Traumatic Stress Disorder Social Prescription Drug Abuse and Dependence Social Post-Traumatic Stress Disorder Social Prescription Drug Abuse in Kids Social Post-Traumatic Stress Disorder Social Post-Traumatic Stress Disorder Social Prescription Drug Abuse in Kids Social Post-Traumatic Stress Disorder Social Post-Traumatic Stress Disorder Social Prescription Drug Abuse in Kids Social Post-Traumatic Stress Disorder Social Post-Traumatic Stress Disorder Social Prescription Drug Abuse in Kids Social Post-Traumatic Stress Disorder Social Prescription Drug Abuse in Kids Social Post-Traumatic Stress Disorder Social Prescription Drug Abuse in Kids Social Post-Traumatic Stress Disorder Social Prescription Drug Abuse in Kids Social Prescription Drug Abuse in Ki	3374	Living with a Mentally III Person	5202	Amniocentesis
New Baby Creates Jealousy  5225 Diet during Pregnancy  5236 Ectopic Pregnancy  5237 Episiotomy  5238 Ectopic Pregnancy  5239 Episiotomy  5230 Episiotomy  5230 Episiotomy  5231 Exercise during Pregnancy  5231 Exercise during Pregnancy  5232 Episiotomy  5234 Exercise during Pregnancy  5235 Heartburn during Pregnancy  5236 Heartburn during Pregnancy  5237 Labor and Delivery  5238 Ectopic Pregnancy  5239 Exercise during Pregnancy  5230 Heartburn during Pregnancy  5247 Labor and Delivery  5247 Low Back Pain during Pregnancy  5248 Miscarriage  5250 Miscarriage  5251 Morning Sickness	3375	Marijuana Abuse and Dependence	5216	Cesarean Section
3345 OCD or Obsessive-Compulsive Disorder 3346 Panic Attacks or Panic Disorder 3349 Phobias 3350 Post-Traumatic Stress Disorder 3351 Prescription Drug Abuse and Dependence 3323 Recognizing Drug Abuse in Kids 3356 Schizophrenia 3357 Seasonal Affective Disorder  5228 Ectopic Pregnancy 5232 Episiotomy 5234 Exercise during Pregnancy 5234 Heartburn during Pregnancy 5325 Labor and Delivery 5347 Low Back Pain during Pregnancy 5350 Miscarriage 5351 Morning Sickness	3342	Narcissism or Narcissistic Personality Disorder	5319	Counseling during Pregnancy
Panic Attacks or Panic Disorder  5232 Episiotomy  Exercise during Pregnancy  5234 Exercise during Pregnancy  5235 Heartburn during Pregnancy  5236 Heartburn during Pregnancy  5237 Labor and Delivery  5238 Recognizing Drug Abuse in Kids  5239 Exercise during Pregnancy  5230 Heartburn during Pregnancy  5247 Labor and Delivery  5247 Labor and Delivery  5248 Miscarriage  5250 Miscarriage  5250 Morning Sickness	3739	New Baby Creates Jealousy	5225	Diet during Pregnancy
Phobias  Seasonal Affective Disorder	3345	OCD or Obsessive-Compulsive Disorder	5228	Ectopic Pregnancy
3350 Post-Traumatic Stress Disorder 5325 Heartburn during Pregnancy 3351 Prescription Drug Abuse and Dependence 5247 Labor and Delivery 3323 Recognizing Drug Abuse in Kids 5331 Low Back Pain during Pregnancy 3356 Schizophrenia 5252 Miscarriage 3357 Seasonal Affective Disorder 5254 Morning Sickness	3346	Panic Attacks or Panic Disorder	5232	Episiotomy
3351 Prescription Drug Abuse and Dependence 5247 Labor and Delivery 3323 Recognizing Drug Abuse in Kids 5331 Low Back Pain during Pregnancy 3356 Schizophrenia 5252 Miscarriage 3357 Seasonal Affective Disorder 5254 Morning Sickness	3349	Phobias	5234	Exercise during Pregnancy
3323 Recognizing Drug Abuse in Kids 5331 Low Back Pain during Pregnancy 3356 Schizophrenia 5252 Miscarriage 3357 Seasonal Affective Disorder 5254 Morning Sickness	3350	Post-Traumatic Stress Disorder	5325	Heartburn during Pregnancy
3356 Schizophrenia 5252 Miscarriage 3357 Seasonal Affective Disorder 5254 Morning Sickness	3351	Prescription Drug Abuse and Dependence	5247	Labor and Delivery
3357 Seasonal Affective Disorder 5254 Morning Sickness	3323	Recognizing Drug Abuse in Kids	5331	Low Back Pain during Pregnancy
5254 Widthing dickness	3356	Schizophrenia	5252	Miscarriage
3358 Self-Esteem	3357	Seasonal Affective Disorder	5254	Morning Sickness
	3358	Self-Esteem		

Pregnancy (Continued)		4506	Colds
4326	Natural Family Planning	3806	Common Cold in Children
5257	Normal Growth of a Baby during Pregnancy	4809	Cough
5306	Pain Relief in Labor and Delivery	3807	Cough in Children
5270	Preeclampsia	4810	Emphysema
5335	Pregnancy and Weight Control	4811	Pneumonia
5274	Prenatal Care	4815	Sleep Apnea
5275	Prenatal Tests		
5309	Preterm Labor	Sexua	I and Reproductive Health
5311	Rh Incompatibility	4302	Birth Control Method
5342	Swelling in the Hands and Feet during Pregnancy	4304	Birth Control Pills
5240	Tests for Genetic Problems before or	4601	Erectile Dysfunction
	during Pregnancy	4323	Infertility
5271	Tests for Pregnancy	4325	Male Condom
5343	Toxoplasmosis during Pregnancy	5262	Painful Intercourse
		4606	Premature Ejaculation
Preventive Health		4930	Rape
3000	A Healthy Lifestyle for Older Adults	4332	Sexual Abstinence
4944	Carbon Monoxide Poisoning		
4670	Fall Prevention and Home Safety	Skin	
3362	How to Quit Smoking	4850	Acne
4945	Insect Repellent Use	3160	Athlete's Foot
4659	Management of Your Personal Health	4851	Blisters
4672	Routine Health Care for Men	4852	Boils and Carbuncles
4673	Routine Health Care for Women	4439	Botox Treatment of Wrinkles
4674	Safety Seats for Children	4854	Cellulitis
4430	Talking with Your Health Care Provider	3106	Contact Dermatitis
		3174	Corns and Calluses
Respi	ratory and Lung Problems	4857	Dandruff
4801	Asthma	3718	Diaper Rash
4822	Asthma and How to Use Inhalers	3108	Eczema
3701	Asthma in Children	4602	Hair Loss in Men
3803	Asthma Inhalers for Children	4860	Impetigo
4909	Choking	4861	Itching
4805	Chronic Bronchitis	3818	Itching in Children
4806	Chronic Obstructive Pulmonary Disease	4875	Jock Itch

Skin (Continued)		Tests and Diagnostic Procedures	
4862	Moles	5100	Angiograms
4864	Psoriasis	5104	Biopsy
3759	Rashes in Infants	5105	Blood Glucose Test
4528	Ringworm	3608	Blood Pressure
4865	Rosacea	5107	Bone Marrow Biopsy
4531	Scabies	5108	Bone Scan
4869	Skin Exam	5111	Colonoscopy
4877	Skin Infection around a Fingernail	5112	Colorectal Cancer Screening
	or Toenail	5114	Complete Blood Count Test
4871	Sunburn	5116	CT Scan
3823	Sunburn in Children	5139	DEXA Scan
4873	Warts	5118	Diagnostic Laparoscopy
3825	Warts in Children	5119	Echocardiogram
		5120	Electrocardiogram or ECG or EKG
	Disorders	4519	HIV Tests
5060	Insomnia	5110	Lipid Panel Test
3344	Nightmares and Night Terrors	5140	Liver Panel Test
3766	Sleep Disorders in Children	5248	Mammogram
Social and Family		5127	MRI or Magnetic Resonance Imaging
3791	Finding and Choosing Child Care	3740	Newborn Screening Tests
3722	New Parents	5129	Pap Test
0722	New Falents	5263	Pelvic Exam
Surge	ry	5142	Strep Test
4201	Cataract Surgery	3652	Tests to Diagnose Heart Disease
4004	Gallbladder Drainage	5137	Urine Tests
4015	Gallbladder Removal	4436	Vital Signs
3195	Hip Replacement Surgery	5138	X-Rays
3201	Knee Replacement Surgery		
4227	LASIK Surgery		
5008	Liposuction		
5291	Vaginal Hysterectomy		

#### **Urinary Problems**

5351	Bladder Infection
5352	Blood in Urine
5356	Kegel Exercises
5357	Kidney Infection
5358	Kidney Stones
5366	Urinary Tract Infection in Women
5074	Urination Problems

#### Women's Health

vvoillei	15 Health
5204	Bartholin's Gland Cyst
5209	Bleeding between Menstrual Periods
5210	Breast Infection
5211	Breast Self-Exam
5314	Breast Tenderness
5231	Endometriosis
5303	Heavy or Extended Menstrual Bleeding
5243	Hot Flashes
5249	Menopausal Hormone Therapy
5250	Menopause
5251	Menstrual Cramps
5253	Missed Menstrual Periods
5259	Ovarian Cysts
5273	PMS or Premenstrual Syndrome
5266	Postmenopausal Bleeding
5304	Sore Nipples while Breast-feeding
5288	Uterine Fibroids
5293	Vaginitis