



Texas Health Steps (THSteps), Healthcare Effectiveness Data and Information Set (HEDIS®) and Bright Futures Required Components

Thank you for continuing to provide high quality of care to our Blue Cross and Blue Shield of Texas (BCBSTX) members. An overview of THSteps, Bright Futures and HEDIS required documentation components are referenced below. By utilizing this form our members will receive thorough and complete well child exams and ensure compliance to documentation standards.

Mandatory Well-Checkup Component	Component Documentation Requirements	STAR and STAR Kids	HEDIS Measure	CHIP
Initial or Interval History	<ul style="list-style-type: none"> Past medical/surgical history/family history Problem list Medication list Allergies 	✓	✓	✓
Nutritional Screening	Required at ALL well exams, for ALL patients and is a component of the HEDIS Weight Assessment and Counseling WCC measure . A documented food intake log or documentation of a balanced diet including protein source is a good way to meet this component. It also counts if you discuss nutrition guidance and document it in your anticipatory guidance .	✓	✓	✓
Psychosocial/ Behavior Health Screening	Required at ALL well exams, for ALL patients and is a required component for the HEDIS well-child measure . Document how the child is performing academically or socially (school, grades, behaviors, friends, cooing, bonding, sleeping, tracking, etc.)	✓	✓	✓
TB Questionnaire	Required component and must be done annually for all members . The completed form or documented results must in the medical record .	✓		✓
Complete Physical Examination	Required component for HEDIS well-child measures for all well-child exams . Must be documented, unclothed, head to toes exam .	✓	✓	✓
Length/Height	Required at ALL well exams, for ALL patients and is a component of the HEDIS WCC measure . If the child is too sick or will not cooperate, <u>DOCUMENT IT IN THE RECORD</u> - it counts .	✓	✓	✓
Weight	Required at ALL well exams, for ALL patients and is component of the HEDIS WCC measure . If the child is too sick or will not cooperate, <u>DOCUMENT IT IN THE RECORD</u> - it counts .	✓	✓	✓
Age Appropriate Anticipatory Guidance	Required at ALL well exams, for ALL patients and is a component of the HEDIS well-child measure and cannot be related to illness or chronic condition . Suggestions include: diet, daily physical activity, dental, high risk behavior, sex and mental health .	✓	✓	✓
Follow-up Instructions for Next Preventive Visit	Required at ALL THSteps visits, for ALL patients. Follow-up PRN does not COUNT . Document when to follow-up up for the next THSteps well-child exam .	✓		
Immunizations	Immunization screening and/or administration along with documentation is required at ALL well checkups, for ALL patients and is a HEDIS measure . If there is a contraindication to receiving an inoculation, document the reason with a note regarding the plan for catching up .	✓	✓	✓
Vision/Hearing	A documented subjective assessment or clinical exam is required , for ALL patients at ALL well exams, per the periodicity schedule . If the child is too sick or will not cooperate, <u>DOCUMENT IT IN THE RECORD</u> - it counts .	✓		✓



**BlueCross BlueShield
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Resources


[BCBSTX Preventive Care Guidelines \(PCGs\), Clinical Practice Guidelines \(CPGs\)](#)

[THSteps for Medical Providers](#)

[ImmTrac2](#)

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