



**BlueCross BlueShield  
of Texas**

# Telemonitoring Benefit Changes for Texas Medicaid

## **New Information**

Effective October 1, 2020, [telemonitoring benefits will change for Texas Medicaid](#). We've extended the home telemonitoring benefit to include services for pediatric clients with specific conditions.

## **Benefits for Clients 20 Years of Age and Younger**

In addition to the current conditions of diabetes and hypertension, home telemonitoring services will also be a benefit for clients who are 20 years of age and younger with one or more of the following conditions:

- End – stage solid organ disease
- Organ transplant recipient
- Requiring mechanical ventilation

## **Documentation Requirements Updates**

The client's medical record must include data transmission information that demonstrates the use of monitoring equipment, such as the following:

- Date of transmission
- Frequency of transmission
- Clinical data provided to the client's primary care physician, or his or her designee

## **Telemonitoring Equipment**

The telemonitoring equipment must be capable of measuring and transmitting client weight, oxygen levels in blood, glucose levels in blood or blood pressure data. We require scheduled reporting of the client data to the physician at least once every 30 days. The following should report this information: registered nurse (RN), nurse practitioner (NP), clinical nurse specialist (CNS), or physician assistant (PA) in a licensed home health agency or a hospital is responsible for reporting data to the prescribing physician.

## **Documentation Requirements**

Maintaining support for telemonitoring services in the client's medical records by the office providing the service (home health agency or hospital) is necessary and subject to review. Recoupment of all paid telemonitoring services not supported by documentation of medical necessity.

## **Have questions:**

For more information contact our BCBSTX Medicaid Provider Service Center at 1-877-560-8055 or your BCBSTX Medicaid Provider Network Representative at 1-855-212-1615.

By clicking this link, you will go to a new website/app ("site"). This new site may be offered by a vendor or an independent third party. The site may also contain non-Medicare related information. In addition, some sites may require you to agree to their terms of use and privacy policy.