

# Tips to Ace THSteps, CHIP and HEDIS® Audits

We perform Texas Health Steps (THSteps), Child Health Insurance Program (CHIP), and Healthcare Effectiveness Data and Information Set (HEDIS) annual well child audits for providers. Although these chart audits are similar, HEDIS requires more specific information in your chart. During your THSteps and CHIP audits we complete a Weight Assessment and Counseling for Nutrition (WCC) audit of your charts for HEDIS compliance. It is important that your charts are always compliant with THSteps, CHIP and HEDIS.

# Follow these tips to ace your THSteps, CHIP and HEDIS Audits.

# THSteps and CHIP With THSteps and CHIP you are audited for your compliance with providing Age Appropriate Anticipatory Guidance (AG). HEDIS requires that you provide Anticipatory Guidance or Counseling specific for Nutrition and Physical Activity during each annual well child check for children and adolescents ages 3-17. If you do not provide verbal counseling and education and do not document it for Physical Activity and Nutrition, your chart will not be compliant with the HEDIS audit.

**Age Appropriate Anticipatory Guidance** 

# Measurements THSteps and CHIP HEDIS HEDIS is more specific and required the company of the com

THSteps and CHIP audits require documentation for Height, Weight and Body Mass Index (BMI) measurements.

HEDIS is more specific and requires documentation of Height, Weight and BMI percentile or BMI percentile plotted growth chart with 2 patient identifiers. If all 3 measurements are not documented in your chart, then it will not be compliant with the HEDIS audit. In addition, 2 patient identifiers must be on the growth chart to be compliant.

## More info

Reference the <u>HEDIS Quick Reference Guide</u>, <u>BCBSTX Preventive Care Guidelines (PCGs)</u>, <u>Clinical Practice Guidelines (CPGs)</u> and <u>THSteps for Medical Providers</u> of r more information on this and other important topics for treating your patients.

### Have questions?

Contact Jennifer Durham, RN at Jennifer Durham@bcbstx.com.

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