

Your *HealthSelect* Resources

BCBSTX Customer Service – (800) 252-8039

24/7 Nurseline – (888) 334-9473

Talk to a nurse any time, day or night

Blue Care Connection® – (800) 462-3275

Condition and disease management, weight loss, and tobacco cessation tools

Special Beginnings® – (888) 421-7781

For expectant moms

Caremark Customer Service – (888) 886-8490

HealthSelect Prescription Drug Program

BlueCard Worldwide® – (800) 810-BLUE (2583)

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Your *HealthSelect* Website

www.bcbstx.com/hs

- Find network health care providers under the **Doctors and Hospitals** tab
- Log in to **Blue Access® for Members** to view your claims, print ID cards, and more
- “**Live Chat**” with a Customer Service representative
- Go to **Destination Wellness** for free health and wellness tools, resources, and rewards



BlueCross BlueShield of Texas
Experience. Wellness. Everywhere.®

