

Subsequent Antepartum Care

“The frequency of subsequent antepartum office visits is determined by the individual needs of the woman and the assessment of her risks,” according to ACOG guidelines. For an uncomplicated pregnancy, the ACOG guidelines suggest the following frequency of office visits:

- Monthly office visits from the initial prenatal visit until 29 weeks of pregnancy
- Office visits every two to three weeks from 29 weeks to 36 weeks of pregnancy
- Weekly office visits from 36 weeks until delivery

<p>Subsequent Antepartum Office Visits Should Include:</p> <ul style="list-style-type: none"> • Blood pressure • Weight • Urine for sugar and albuminuria • Fundal height • Fetal heart tones beginning at 10-12 weeks by doppler 	<p>Subsequent Prenatal Plans/Education:</p> <ul style="list-style-type: none"> • Anesthesia • Breast or bottle feeding • Select PCP for newborn • Newborn car seat • Tubal sterilization • Circumcision • Limitations or restrictions 	<p>8-18 Week Labs: (when indicated/elected)</p> <ul style="list-style-type: none"> • Ultrasound • MSAFP/Multiple Markers • Amnio/ CVS <ul style="list-style-type: none"> - Karyotype - Amniotic Fluid (AFP) 	<p>24-28 Week Labs: (when indicated)</p> <ul style="list-style-type: none"> • HCT/HGB (CBC) • Diabetes Screen • GTT (if screen abnormal) • D (Rh) Antibody Screen • D Immune Globulin (RhIG) Given (28 weeks) 	<p>32-36 Week Labs: (when indicated)</p> <ul style="list-style-type: none"> • HCT/HGB (CBC) (recommended) • Ultrasound • VDRL • GC • Chlamydia • Group B Strep (35-37 weeks)
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Blue Cross and Blue Shield of Texas (BCBSTX) follows the guidelines of the American College of Obstetricians and Gynecologists (ACOG), their recommended schedule for prenatal care visits, as well as for the care that expectant mothers should receive at the initial and subsequent visits. BCBSTX has also included routine uncomplicated prenatal care assessments. Each prenatal care plan should be individualized.



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