



# Could your health use a little recharging?



**BlueCross BlueShield of Texas**

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Plug into your online power source with the **Personal Health Manager!** It's offered through Blue Access<sup>®</sup> for Members. You'll find a wealth of electrifying resources, like *Articles & Recipes*, *Eat Right*, *Live Well* and *Get Fit*, to name a few.

Use any of the features found in the *For Your Health* section, and turn up the energy by earning Blue Points<sup>SM\*</sup>. Rack up and turn in Blue Points for gift cards, fitness items, cool electronics and much more.

Get the power to help manage your health. Connect to the Personal Health Manager today!

\*Blue Points Program Rules are subject to change without prior notice.

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