

# Help keep health care costs down by choosing generic drugs

## Generic drugs: the prescription for your budget

Both prescription and over-the-counter generic drugs can be less costly than brand-name drugs. Choosing generic drugs means big savings.

Keep these facts in mind, and talk to your doctor about generic options:

- Brand-name and generic drugs may not look alike, but they are chemically and medically the same.
- The Food and Drug Administration regulates generic drugs just like brand-name drugs.
- Generic drugs tend to cost about one-third less than the brand-name equivalent.



Do you find learning about medicines a bit puzzling? If so, turn to Blue Access<sup>®</sup> for Members for easy-to-use resources. Search for drug details with *Healthwise Knowledgebase*. It's located in the Personal Health Manager's *Research* tab.



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Sources: Consumer Reports Best Buy Drugs;  
Federal Drug Administration Program

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