

Special Beginnings®

*Prenatal Care—Education
for Healthier Babies*



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The Special Beginnings Program provides prenatal risk assessment education and coordinates with the patient's physician to provide case management services to help reduce the chance of low birth-weight infants and/or premature delivery.

Ideally, a pregnant woman is enrolled in the Special Beginnings Program during her first trimester. A confidential assessment helps determine if her pregnancy is at risk.

The program's success stems from frequent contact between the same Special Beginnings obstetrical nurse and the patient over a period of time. The nurse will help guide the patient through her pregnancy by:

- Assessing the woman's health and lifestyle factors
- Discussing prenatal care
- Providing education relevant to her risk factor(s)
- Helping her physician develop treatment plans and alternatives
- Encouraging the use of other resources, as appropriate

You may call toll-free 866-737-1EDS/1337, Monday through Friday, 8:00 a.m. – 8:00 p.m. (CT) to enroll in Special Beginnings.

Congratulations! We wish you every happiness and look forward to helping your family obtain a healthy new beginning.



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