



New Texas Health Steps (THSteps) Preventive Care Screening Tools– Texas Medicaid

What’s new

Effective June 1, 2021, [THSteps](#) is adding two preventive care medical check-ups screening tools, one for developmental screening of children and another for mental health screening for adolescents. The two new screening tools for THSteps include:

1. Developmental Screenings for Children

The [Survey of Well-being of Young Children \(SWYC\)](#)¹ is a developmental screening tool for ages nine months – 30 months. The SWYC Milestones is a 10-item questionnaire that parent’s fill out about their child’s development. The THSteps Periodicity Schedule requires specific development screening assessments of the following:

Developmental Screening Assessments	
Ages and Stages Assessment (ASQ)	
Ages and Stages Social and Emotional Assessment (ASQ:SE)	
Parents Evaluation of Developmental Status (PEDS)	
Parents Evaluation of Developmental Status: Developmental Milestones (PEDS:DM)	
SWYC Age Ranges	
Nine Months: Nine – 11 months	18 Months: 18 – 22 months
12 Months: 12 – 14 months	24 Months: 23 – 28 months
15 Months: 15-17 months	30 Months: 29 – 34 months

2. Mental Health Screening for Adolescents

The [Rapid Assessment for Adolescent Preventive Services \(RAAPS\)](#)² is a mental health screening for adolescents ages 12-18. This gives providers the opportunity to use an adolescent friendly tool that leads to more effective, systematic assessment, identification of at-risk adolescents during a preventive health check-up. A comprehensive THSteps exam, includes an annual mental health screening for behavioural, social and emotional development.

Best practices

Review the [BCBSTX Preventive Care Guidelines \(PCGs\)](#), [Clinical Practice Guidelines \(CPGs\)](#), [THSteps for Medical Providers](#), [THSteps for Medical Providers](#) and [ImmTrac2](#) to help support quality of care.

Additional information

Please reference [TMPPM](#) for additional information.

¹Advanced Medical and Professional Solutions. (no date) Peer to Peer Exchange: Survey of Well-being of Young Children (SWYC). Accessed 05/07/2021 at <http://www.amchp.org/programsandtopics/CYSHCN/projects/spharc/peer-to-peer-exchange/Documents/SWYC.pdf>

²National Library of Medicine. (2014) The Rapid Assessment for Adolescent Preventive Services (RAAPS): providers' assessment of its usefulness in their clinical practice settings. Accessed 05/07/2021 at [The Rapid Assessment for Adolescent Preventive Services \(RAAPS\): providers' assessment of its usefulness in their clinical practice settings - PubMed \(nih.gov\)](#)



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