

## ANTICIPATORY GUIDANCE: Circle if discussed

Diet: Intro. Solids at 5 mos (rice cereal, vegs. & fruit), solids 1 new/week, start with iron-rich, no cow's milk yet, breast feeding, formula

Behavior: Begins to sit and crawl, discrimination of people.

Education on Fluoride varnish treatment

Injury & Violence prevention: Smoke detector, poisoning risk, drug and toxic chemical storage, poison center phone number, lead poisoning prevention, gun lock.

Childproofing: Safety gates, window guards, pool fence, hot liquids and surfaces, hot water temp., choking prevention, sleeping position

Guidance: Consistent sleep schedule, teething and tooth care, blocks, repetitive games, no bottle recumbent, parent smoking, no aspirin use, sun screen, infant vs. toddler car seat, infant care (bathing, skin, clothing), childcare plan.

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Next appointment [	12 months or	Signature	Date
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