

BlueCross BlueShield of Texas

Experience. Wellness. Everywhere.®

	OB: Actual Age:
Langua	ge Spoken Interpreter Name
Date:	2 YEARS
NURSING INTAKE	
Height: Weight: BMI: BMI%:	Temp.: Pulse: Resp.:
Allergies:	Growth Charts Completed: []
Abuse: witness or victim:	Notes:
Alternate health care provider:	MA Signature
INTERVAL HISTORY	Stools:
Diet: Has WIC: Yes / N	
Illnesses: Meds/Vits:	Sleep Pattern:
Accidents:	Exposure to tobacco smoke: TB Risk Yes / No
GROWTH-DEVELOPMENT: Physical activity:	
[] Runs well, walks up and down	[] Puts 2-3 words together
[] Identifies 1 body part	[] Handles spoon well
[] Kicks and throws a ball	[] Plays hide and seek
[] 7-20 word vocabulary	3 block tower Autism screen
Puts on simple clothes	[] Helps in house [] Developmental screen
PARENTAL/PATIENT CONCERNS:	
PHYSICAL EXAMINATION	Teeth [] Grossly normal
General Appearance [] Well nourished and developed [] No abuse/neglect evident	Heart [] No murmurs, regular rhythm Lungs [] Breath sounds normal bilaterally
Head [] Symmetrical, A.F. closed	Lungs [] Breath sounds normal bilaterally Abdomen [] Soft, no masses, liver, spleen normal
Eyes [] Conjunctivae, sclerae, pupils normal	Genitalia: [] Normal appearance,
[] Red reflexes present	Male [] Testes in scrotum, circ./uncirc.
[] Appears to see [] No strabismus	Female [] No lesions, nl external appearances
Ears [] Canals clear, TMs normal	Hips [] Good abduction
[] Appears to hear	Femoral pulses [] Present and equal
Nose [] Passages patent	Extremities [] No deformities, full ROM
Mouth & pharynx [] Normal color, no lesions, no cavities	Skin [] Clear, no significant lesions
Neck [] Supple, no masses palpated	Neurologic [] Alert, moves extremities well
ASSESSMENT:	
PLAN:	
ORDERS: [] Vaccine reactions, risks and follow-up explained /	VIS sheet given
[] DTaP (if not up to date) [] Hep A (if not up to date)	[] Immunization registry entry
[] IPV (if not up to date) [] Varicella (if no history date)	[] Rx for fluoride drops/chewable tabs .25/.50 mg
[] Hib (if not up to date) [] Influenza vaccine (check recommendate)	
[] MMR (if not up to date) [] HCT (if high risk)	[] WIC Referral
[] Hep B (if not up to date) [] Lead Blood Test (at 24 months)	 [] Lipid profile (if high risk) [] Dental referral [] PPD (if indicated)
[] MCV4 (high risk groups) [] Fluoride varnish application	
ANTICIPATORY GUIDANCE: Circle if discussed Digit Bagular masks with speaks iron righ foods and um caloria balance size of food switch to low fot milk, no bottles	
Diet: Regular meals with snacks, iron-rich foods, sodium, caloric balance, size of food, switch to low fat milk, no bottles.	
Behavior: Runs but falls easily, loves rough play . Activity education.Education on Fluoride varnish treatment .Injury & Violence prevention: Street dangers, knives, falls, drowning, poison center number, storage of drugs, toxic chemicals,	
matches, guns, smoke detector, hot water temp., window guards, pool fence, bike helmet, play equipment, lead poisoning prevention	
Guidance: Accept negativism, start toilet training, parallel peer play, monitor TV programs, brush teeth, dentist, effects of	
passive smoking, protect skin from UV light, emergency care plan, toddler car seat, childcare plan, sun screen.	
[] Refer to appropriate agency.	
Next appointment [] 1 year or Signature	Date
Prevcare2YR 9.23.08 BCBSTX	

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